

**POLITEKNIK KESEHATAN KEMENKES BANDUNG  
PROGRAM STUDI KEBIDANAN BOGOR LAPORAN TUGAS AKHIR,  
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**Asuhan kebidanan Postpartum Pada Ny. S usia 31 tahun P3A1 dengan Sisa Plasenta dan Anemia di RSUD Ciawi**

**ABSTRAK**

Sisa plasenta adalah tertinggalnya sisa plasenta dan membrannya di dalam kavum uteri. Komplikasi yang dapat ditimbulkan adalah anemia, infeksi puerperium, kematian akibat perdarahan. Menurut profil RSUD Ciawi tahun 2022 terdapat sisa plasenta sebanyak 30 kasus (2,1%) dari 1441 jumlah persalinan. Tujuan penulisan Laporan Tugas Akhir ini adalah untuk mempelajari dan memahami serta mengaplikasikan asuhan kebidanan pada kasus sisa plasenta dan anemia sedang.

Metode yang digunakan ini yaitu laporan kasus dengan pendokumentasian SOAP. Teknik pengumpulan data adalah wawancara, pemeriksaan fisik, pemeriksaan laboratorium, observasi, studi dokumentasi dan studi literatur.

Pengkajian subjektif Ny. S usia 31 tahun melahirkan anak ke-3 di paraji. Setelah satu jam plasenta tidak lahir, sehingga dirujuk ke puskesmas. Tindakan yang diberikan yaitu memasang infus RL dan oksitosin 20 IU, lalu merujuk ke RSUD Ciawi. Tindakan yang dilakukan di RSUD Ciawi adalah manual plasenta dan penjahitan perineum. Hasil USG pasca tindakan menunjukkan sisa plasenta. Hasil pemeriksaan Fisik TD 100/70 mmHg, N 87x/m, S 36,6°C, R 20x/m. TFU 2 jari dibawah pusat, terdapat luka jalan lahir derajat II, Hb 8,7 gr/dl. Analisa Ny. S usia 31 tahun P3A1 dengan sisa plasenta dan anemia sedang. Penatalaksanaan yang dilakukan pasang infus RL drip oksitosin, terapi asam Tranexamat 500 gr/IV, ceftriaxon 1 gr/IV, memasang transfusi darah, dan dilakukan kuretase oleh dokter. Konseling yang diberikan yaitu memberitahu tentang tanda bahaya nifas, ASI eksklusif, nutrisi pada ibu nifas, cara perawatan luka jahitan.

Kesimpulan dari asuhan ini bahwa asuhan sudah dilaksanakan sesuai dengan standar. Ibu dilakukan kuretase dan diberikan konseling perawatan nifas, ibu pulang dengan keadaan sehat. Saran kepada pasien menggunakan KB jangka panjang, dan bersalin di fasilitas kesehatan jika hamil kembali, untuk rumah sakit pertahankan mutu pelayanan asuhan pada sisa plasenta, untuk profesi mempertahankan dan peningkatan pelayanan.

**Kata Kunci : Asuhan Postpartum, Sisa Plasenta, Anemia Sedang**

**Pustaka : 38 sumber (2014-2022)**

***BANDUNG MINISTRY OF HEALTH POLYTECHNIC  
BOGOR MIDWIFERY STUDY PROGRAM FINAL PROJECT REPORT,  
FEBRUARY 2023***

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**Postpartum midwifery care for Mrs. S, 31 years old P3A1 with Rest Placenta and Anemia at Ciawi Hospital**

### **ABSTRACT**

*Rest placenta is the remaining placenta and its membranes in the uterine cavity. Complications that can be caused are anemia, puerperal infection, and death from bleeding. According to the Ciawi Hospital profile in 2022, there were 30 cases (2.1%) of 1441 deliveries with retained placenta. This Final Project Report aims to study, understand, and apply midwifery care in ca reof tained placenta and moderate anemia.*

*The method used was a case report with SOAP documentation. Data collection techniques include interviews, physical examinations, laboratory examinations, observations, documentation, and literature studies.*

*Subjective assessment Mrs. S, 31 years old, gave birth to her 3rd child in Paraji. After one hour the placenta was not born, she was referred to puskesmas. The action taken at the health center was installation of RL infusion dripped by ocytocin 20 IU. After that, the patient was taken to RSUD Ciawi. At the hospital, manual placenta was performed, followed by perineum hecting. Ultrasound results show residual placenta. Physical Examination BP 100/70 mmHg, pulse 87x/m, temperature 36.6°C, Respiration 20x/m. Fundal height 2 fingers below the center, there were laseration in the vagina, Hb 8.7 gr/dl. Analysis that obtained was Mrs. S 31 years old P3A1 with retained placenta and moderate anemia. Management was done by installing RL drip oxytocin infusion, Tranexamic acid therapy 500 gr/IV, ceftriaxone 1 gr/IV, doing blood transfusions, doing curettage by a doctor. Conselling that given were informed about the danger signs of puerperium, exclusive breastfeeding, nutrition for postpartum women, how to care for wounds stitches.*

*This care concludes that care has been carried out according to standards. The mother underwent curettage and was given postpartum care counseling, the mother returned home in good health. Suggestions to patients using long-term family planning, and giving birth at a health facility if they become pregnant again, for hospitals to maintain the quality of care services for retained placentas, for the profession to maintain and improve services.*

**Keywords: Postpartum Care, Rest Placenta, Moderate Anemia**

**References : 38 sources (2014-2022)**