

**BANDUNG MINISTRY OF HEALTH POLYTECHNIC
BOGOR MIDWIFERY PROGRAM FINAL PROJECT REPORT, MAY 2023**

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***Postpartum Midwifery Care for Mrs. A 41 Years Old P3A0 With Urine Retention
at Sekarwangi Hospital***

VI CHAPTER, 78 pages, 9 appendices, 2 tables, 2 picture

ABSTRACT

The puerperium is a period of recovery from pregnancy to delivery. One of the risks of complications that often occur during the puerperium is urinary retention. The incidence of postpartum urinary retention is 4%. In Indonesia, the incidence of RUPP is around 14.8%, with a recorded range of events between 1.7-17.9%. In 2021 the incidence of urinary retention at Sekarwangi Hospital is 6.2% of 176 cases of postpartum complications. The purpose of writing this final report is to implement comprehensive midwifery care for Mrs. A 41 Years Old P3A0 with Urine Retention at Sekarwangi Hospital

The method used in the preparation of this Final Project Report is a case report, with a midwifery management approach and uses the documentation method in the form of SOAP (subjective, objective, analysis, and management). While data collection techniques were obtained through interview techniques, physical and laboratory examinations, observation, documentation studies, and literature studies. Subjective data, namely the mother said there was no stimulation to urinate spontaneously and this situation had been experienced by the mother before there were signs of labour.

Objective data obtained Blood pressure: 110/70 mmHg, pulse: 80x/m, R: 20x/m, there is colostrum discharge from the breast, the abdomen has a SC wound, TFU 2 fingers below the navel, tenderness when palpating the bladder (full bladder), visible discharge of blood \pm 20 cc brownish red (lochia rubra). The analysis is enforced namely Mrs. A 41 years old P3A0 with urinary retention. The care provided is TTV monitoring, bleeding, collaboration with Obgyn Doctors for 1 x 24 hour return catheter insertion, Bladder Training, monitoring maternal fluid intake and output, observing mother's condition and administering oral therapy

The conclusion of the final report on the care given to Mrs. A, namely urinary retention can be overcome on day 3 according to the hospital SOP, the mother goes home in good condition. It is hoped that the mother will not hold back urination as much as possible, the hospital is expected to be able to detect early signs of danger in the mother, the midwifery profession is expected to pay more attention to the condition of the mother after childbirth, especially the elimination of postpartum mothers

**Keywords: Midwifery Care, Postpartum, Urinary Retention
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