

**BANDUNG POLYTECHNIC OF HEALTH, MINISTRY OF HEALTH  
BOGOR MIDWIFERY STUDY PROGRAM  
FINAL REPORT, MAY 2023**

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**Postpartum Midwifery Care to Mrs. DY PIA0 with post-Caesarean Section at  
RSUD Leuwiliang, Bogor Regency**

**VI CHAPTER, 59 page, 11 attachments, 1 table**

**ABSTRACT**

*The puerperium or puerperium is the period after delivery is complete, up to 6 weeks or 42 days. Postpartum mothers who deliver by cesarean section (SC) will experience several differences from normal postpartum mothers. The SC procedure was performed with anesthesia before surgery by opening the abdominal wall and uterine wall. Leuwiliang Hospital has data for 2022 of 2,494 cases, with SC deliveries totaling 1,025 cases (41.09%). There were complications in postpartum post SC women with bleeding in 1 case (0.09%) and surgical wound infection in 11 cases (1.07%). The purpose of writing this Final Project Report is to apply midwifery care to postpartum women with post SC.*

*The method used is a case report. The form of documentation is SOAP (Subjective, Objective, Analysis, Management). Data collection techniques were obtained through interviews, observation, physical examination, documentation studies and literature studies.*

*The results of the subjective data assessment Mrs. DY, 29 years old PIA0 post SC 3 hours for CPD indication with fetal position factor, complaining of pain in the surgical scar. The objective data for KU is good, awareness is compos mentis, TTV is within normal limits, both breasts have colostrum expulsion, an RL infusion with Tramadol 200 mg 20 tpm is installed in the right hand, there is a closed surgical wound with a bandan, hard contractions, TFU 2 fingers below the center, bladder empty urine, installed DC urine 300 clear yellow, lochia rubra 30cc. The analysis that Mrs. DY 29 years old PIA0 post SC 3 hours with surgical scar pain. Management, namely teaching breathing relaxation techniques, administering pain medication according to doctor's advice, teaching early mobilization, observation of TTV, input and output of infusion fluids, sutures, contractions, TFU, bladder, and bleeding, counseling on gradual fulfillment of nutrition.*

*The conclusion of the results of care that has been carried out for postpartum post-SC mothers with surgical wound pain is that the general condition is good, the efforts given are relaxation therapy by means of deep breathing, and according to the doctor's advice given pain reliever drug therapy. Suggestions for health services to carry out IMD procedures according to government SOPs for newborns with Caesarean delivery if there is no emergency*

**Keywords : Postpartum Care, Post Caesarean Section**

**Literature : 22 (2013 – 2023)**