

**POLITEKNIK KESEHATAN KEMENTERIAN KESEHATAN BANDUNG  
PROGRAM STUDI KEBIDANAN BOGOR  
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**Asuhan Kebidanan pada Ny.D Usia 22 tahun G1P0A0 Gravida 39 Minggu  
dengan Anemia Ringan di Puskesmas Leuwiliang Kabupaten Bogor**

**VI BAB, 100 halaman, 9 lampiran, 0 tabel**

**ABSTRAK**

Menurut laporan *World Health Organization (WHO)* tahun 2019, angka kematian ibu (AKI) di dunia yaitu 303.000 ribu kelahiran ibu sebagian besar karena komplikasi pada saat persalinan seperti perdarahan karena anemia, separuh ibu bersalin di Indonesia mengalami anemia atau kekurangan darah. Menurut Riskesdas tahun 2018, sebanyak 48,9% di Indonesia mengalami anemia, angka ini meningkat dibandingkan dengan data yang didapatkan di Puskesmas Leuwiliang tahun 2022, ibu bersalin dengan anemia yaitu sebanyak 97 orang.

Metode yang digunakan dalam penyusunan laporan tugas akhir ini adalah laporan kasus dan didokumentasikan dalam bentuk SOAP. Teknik pengumpulan data yang diperoleh dari hasil penilaian keadaan umum, pemeriksaan fisik, pemeriksaan laboratorium, observasi, studi dokumentasi dan studi literatur.

Hasil pengkajian data subjektif yang di peroleh ibu mengeluh sering lemas, pusing, terkadang mata berkunang-kunang. Ini merupakan persalinan pertama, belum pernah keguguran, HPHT 30-05-2022. Data objektif, TTV, dalam batas normal, konjungtiva sedikit pucat, palpasi Leopold sesuai usia kehamilan, TBJ : 2.945 gr, DJJ : 140x/menit dan pemeriksaan dalam : portio tebal lunak, pembukaan 2 cm, ketuban utuh, presentasi kepala, UUK kanan depan, molase 0, hodge II. Pemeriksaan penunjang : Hb 10,1gr/dl.

Analisa Ny. D usia 22 tahun G1P0A0 hamil 39 minggu inpartu kala I fase laten dengan anemia ringan. Janin tunggal hidup presentasi kepala. Penatalaksanaan : menolong persalinan dengan menerapkan langkah asuhan persalinan normal, persiapan untuk tatalaksana masalah potensial yaitu penanganan perdarahan, pemberian tablet FE, semua tindakan pada ibu dan bayi sudah dilakukan sesuai dengan prosedur

kesimpulan : ibu melahirkan secara normal tanpa komplikasi, bayi lahir sehat saran : diharapkan ibu tetap mengkonsumsi tablet penambah darah secara rutin, memperhatikan asupan nutrisi dan keluarga terus mendampingi pengawasan ibu selama masa nifas.

**Kata Kunci : Anemia Ringan, Asuhan Kebidanan, Persalinan**

**Pustaka : 14 (2010 – 2023)**

**HEALTH POLITECHNIC MINISTRY OF HEALTH BANDUNG**

**BOGOR MIDWIFE STUDY PROGRAM**

**FINAL PROJECT REPORT, MARCH 2023**

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**Midwifery Care for Ny.D Age 22 years G1P0A0 Gravida 39 Weeks with Mild Anemia at the Leuwiliang Health Center, Bogor Regency**

**VI CHAPTER, 100 pages, 9 attachments, 0 tables**

### **ABSTRACT**

According to the 2019 World Health Organization (WHO) report, the maternal mortality rate (MMR) in the world, namely 303,000 thousand births, is mostly due to complications during delivery such as bleeding due to anemia. Half of mothers giving birth in Indonesia experience anemia or lack of blood. According to the 2018 Riskesdas, as many as 48.9% in Indonesia experienced anemia, this figure increased compared to the data obtained at the Leuwiliang Health Center in 2022, there were 97 mothers giving birth with anemia.

The method used in the preparation of this final project report is a case report and is documented in the form of SOAP. Data collection techniques obtained from the results of the general condition assessment, physical examination, laboratory examination, observation, documentation study and literature study.

The results of the subjective data assessment obtained by the mother complained that she was often weak, dizzy, sometimes had dizzy eyes. This is the first delivery, never had a miscarriage, HPHT 05-30-2022. Objective data, TTV, within normal limits, slightly pale conjunctiva, Leopold palpation according to gestational age, TBJ : 2,945 gr, DJJ : 140x/minute and internal examination: thick soft portion, opening 2 cm, intact membranes, cephalic presentation, anterior right UUK , molasses 0, hodge II. Investigations: Hb 10.1gr/dl.

Mrs analysis D, 22 years old, G1P0A0, 39 weeks pregnant during the first latent phase of labour, with mild anemia. Single live fetus in cephalic presentation. Management: assist delivery by applying normal delivery care steps, preparation for the management of potential problems, namely handling bleeding, administering FE tablets, all actions on mother and baby have been carried out according to the procedure

conclusion: mothers give birth normally without complications, babies are born healthy advice: it is hoped that mothers will continue to take blood booster tablets regularly, pay attention to nutritional intake and the family will continue to accompany the mother during the postpartum period.

**Keywords: Mild Anemia, Midwifery Care, Childbirth**

**Literature : 14 (2010 – 2023)**