

**POLITEKNIK KESEHATAN BANDUNG PROGRAM STUDI KEBIDANAN
BOGOR LAPORAN TUGAS AKHIR, JUNI 2022**

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**ASUHAN KEBIDANAN PADA BY.A DENGAN PEMBERIAN MP-ASI DINI DI
PMB M KABUPATEN BOGOR
VI BAB, 29 halaman, 3 lampiran**

ABSTRAK

MP-ASI adalah makanan atau minuman yang mengandung zat gizi, yang diberikan kepada bayi setelah bayi berusia 6 bulan sampai 24 bulan untuk memenuhi gizi selain dari ASI dan diberikan secara bertahap dari segi bentuk dan porsinya dengan melihat kesiapan fisik bayi untuk menerima atau mencerna makanan selain ASI. Pemberian MP-ASI dini dapat menyebabkan bayi rentan mengalami penyakit infeksi dan alergi, sehingga dapat mengakibatkan malnutrisi dan gangguan pertumbuhan. Tujuan penulisan laporan kasus ini untuk menerapkan Asuhan Kebidanan pada By. A dengan pemberian MP-ASI dini di PMB M Kabupaten Bogor.

Metodologi penulisan yang digunakan dalam penyusunan laporan tugas akhir ini laporan kasus dalam bentuk pendokumentasian SOAP. Teknik pengumpulan data menggunakan metode wawancara, pemeriksaan fisik, observasi, dokumentasi dan studi literatur.

Hasil anamnesa, ibu mengatakan By. A usia 1 bulan sudah mengkonsumsi biskuit susu sebanyak 1 keping perhari sejak 2 hari yang lalu. Hasil pemeriksaan fisik keadaan umum baik, BB 3500 gram dan PB 51 cm. Sehingga dapat ditegakkan analisa By. A usia 1 bulan dengan pemberian MP-ASI dini. Asuhan yang diberikan edukasi kepada keluarga By. A mengenai bahaya MP-ASI dini.

Kesimpulan ibu klien mengikuti anjuran untuk menghentikan pemberian MP-ASI, namun kemudian By. A selain diberikan ASI juga diberikan susu formula. Edukasi kepada ibu berlanjut agar pemberian susu formula dihentikan. ibu By. A mengurangi pemberian susu formula dan tetap memberikan ASI. Selama diberikan asuhan keadaan bayi terpantau baik.

Saran diharapkan keluarga dapat memperhatikan pola pemberian ASI dan mengetahui waktu yang tepat bagi bayi untuk diberikan MP-ASI serta susu formula. Tenaga kesehatan diharapkan lebih memperhatikan mengenai kepatuhan pemberian ASI ekslusif.

**Kata Kunci : Asuhan Kebidanan, MP-ASI dini
Pustaka : 34 (2018-2022)**

**BANDUNG HEALTH POLYTECHNIC, MIDWIFE STUDY PROGRAM
BOGOR FINAL PROJECT REPORT, JUNE 2022**

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Midwifery Care to baby A at PMB M Bogor Regency who had early weaning food.

VI CHAPTERS, 29 pages, 3 attachment

ABSTRACT

Weaning food is food or drink containing nutrients, which is given to babies after the baby is 6 months to 24 months old to fulfill nutrition other than breast milk and is given gradually in terms of shape and portion by looking at the baby's physical readiness to receive or digest food other than breast milk. Early weaning food can cause susceptible to infectious and allergic diseases for babies, which can lead to malnutrition and growth disorders. The purpose of this project was to applied Midwifery Care to Baby A at PMB M Bogor Regency who had early weaning food.

The writing methodology used in this final project report was a case report in the form of SOAP documentation. Data collection techniques using interviews, physical examination, observation, documentation and literature study.

Baby A was 1 month old, and according to her mother baby A had consumed 1 piece of milk biscuit per day in two days. The results of the physical examination general condition were good, her weight was 3500 grams and length were 51 cm. So that analysis can be enforced was baby A 1 month old with early weaning. The education provided to the family about the dangers of early weaning.

Conclusion client followed the recommendation to stop the weaning, but instead she was giving infant formula. The education continue about stopping the formula. So the mother reduce the formula and continue giving breast milk. During the care, the baby's condition were monitored well.

Suggestion for the families was to pay attention to the pattern of breastfeeding and know when is the right time for the weaning and also for infant formula. Health workers expected to pay more attention to the obedience of exclusive breastfeeding.

Keywords : Midwifery Care, Weaning Food

Libraries : 34 (2018-2022)