

CURRICULUM VITAE

Name	:	Prof. Dr. Hj. Lucky Herawati, SKM, MSc
Place and Date of Birth	:	Surabaya, 8 August 1953
Position	:	Professor in Public Health Education 1 April 2018
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1. EDUCATION:

Certificate Years	
2005	: Doctor in Education Research and Evaluation, Postgraduate Program, Yogyakarta State University
1991	: Master in Public Health majoring Education of Health and Behavioural Science, Postgraduate Program, University of Indonesia
1986	: Bachelor in Public Health majoring Education of Health and Behavioural Science, The Faculty of Public Health, University of Indonesia
1974	: Bachelor in Health Inspector, Academy of Health Inspector, Surabaya

2. ACADEMIC ACHIEVEMENTS:

Year	: Academic Achievements
2018	: First Professor in Health Polytechnic in Indonesia The Field of Expertise: Public Health Education, by the Minister of Health of the Republic of Indonesia
2005	: Doctor Graduate with cum laude Predicate, Doctoral Program of the Yogyakarta State University
1991	: The best graduate in Postgraduate Program in the Study Program of Public Health of the University of Indonesia
1986	: The best graduate of the Faculty of Public Health of Indonesia University
1986	: Champion of National Competition on Innovative Productive Works (LKIP)

3. EXPERIENCES ON STRUCTURAL POSITION:

Year	: Structural Position
1975-1979	: The Head of School Health Affair Department, Health Office of Yogyakarta
1983-1984	: The Head of Research Department, Akademi Penilik Kesehatan Teknologi Sanitasi (APK-TS) Health Department, Yogyakarta
1986-1988	: The Head of Operational Section in Environment Health Academy/ Associate Degree of Health Education (PAM-SKL) Health Department, Yogyakarta
1991-1995	: The Head of Monitoring Section of Health Staff and Facilities Health Department, DIY
1995-1996	: The Head of Sub-Department of Employee Affair, Health Department, DIY

1996-1997	:	The Head of Education and Training Department, DR Sardjito Hospital, Yogyakarta
1998-2001	:	Director of Environment Health Academy, Health Department, Yogyakarta
2006-2010	:	Director of Yogyakarta Health Polytechnic of Ministry of Health.
2010-2014	:	Director of Yogyakarta Health Polytechnic of Ministry of Health.

4. TEACHING / EXPERIENCES: SUPERVISING/ EXAMINING EXPERIENCES:

Universities	Subjects	Education Level
1. Yogyakarta Health Polytechnic of Ministry of Health	- Research Methodology	- Diploma 3
	- Biostatistic	- Diploma 4
	- Promotion of Health,	
	- Public Health Empowerment	
2. Semarang Health Polytechnic of Ministry of Health	- Research Methodology	- Applied Science Magister (S2)
	- Health Statistic	
3. Postgraduate Program of Public Health Science (FKKMK), Gajah Mada University (especially	Research Methodology	Master Program (S2)

Environment Health)		
4. STIKES Guna Bangsa Yogyakarta	- Research Methodology	Master Program (S2)
	- Health Statistic	
5. Yogyakatra State University	- Research Methodology	Master Program (S2)
6. Universitas Alma Atta	- Health Environment	Master Program (S2)

5. SUPERVISING AND EXAMINING EXPERIENCE

Supervising and examining experience	level of the scientific works
1. Postgraduate Program of Public Health Science (FKKMK), Gajah Mada University (Public Health Study	Thesis and Dissertation
2. STIKES Guna Bangsa	Thesis
3. Yogyakarta State University	Dissertation

6. PUBLICATIONS OF SCIENTIFIC WORKS (BOOKS AND JOURNALS)

The year of the publication	Title	Books
2020	Menulis Jurnal Ilmiah, Tip dan Trik mempersiapkan manuskrip	Penerbit: Fakultas Kedokteran Gigi Universitas Trisakti ISBN 978-979-506-030-7, vol 1,
2019	Strategi Pengembangan Penelitian Kesehatan Berbasis Artikel Jurnal	Penerbit: Poltekkesjogja Press, Vol 1.

The year of the publication	Title	Journal
2015	The Use of Earthworms and the Length of Time in Composting Household Organic Waste (<i>Penggunaan Cacing Tanah dan Lama Waktu Pengomposan Sampah Organik Rumah Tangga</i>)	Public Health Journal, volume 9, number. 4, page 62-66. ISSN 1907-7505, edition: November 2015. Publisher: University of Indonesia. http://journal.fkm.ui.ac.id/kesmas/search/authors/view?firstName=Lucky&middleName=&lastName=Herawati&affiliation=Polytechnic%20of%20Health%20of%20Yogyakarta%2C%20Yogyakarta&country=ID
2016	Aerobic Gymnastic, Fitness, Anxiety, Academic Grade of Health Diploma from Remote Area in Indonesia (First Author)	International Journal of Science and Research, volume 5, number 7, page 1848-1852, Edition: July 2016, ISSN online 2319-7064. Publisher: International Journal of Science and Research. http://eprints.poltekkesjogja.ac.id/33/2/ART2016569%281%29.pdf
	Housewives' Compliance in Reading Food Labels in	Journal, volume 10, number 4, May 2016. ISSN 1907-7505, Publisher: University of Indonesia.

	Gorontalo. National Public Health	http://journal.fkm.ui.ac.id/kesmas/article/view/639
	Jayapura Teenagers Smoking Behaviours (First Author)	Journal of Community Health (ISSN 0094-5145 print and 1573-3610 Online). Published online 4 August 2016. https://link.springer.com/article/10.1007/s10900-016-0232-4
	Environmental, Behaviour Factors and Filariasis Incidence in Bintan District Riau Island Province	National Public Health Journal, volume 11, number 1, Augusts 2016, ISSN 1907-7505. Publisher: University of Indonesia. http://journal.fkm.ui.ac.id/kesmas/article/view/546
2017	Parent Educators for Teenage Smoking Behaviour (First Author)	International Journal of Adolescent Medicine and Health, Vol 31, issue 3, ISSN: 2191-0278 (online), Published online 09 June 2017, Publisher: DE GRUYTER. https://www.degruyter.com/view/j/ijamh.ahead-of-print/ijamh-2017-0017/ijamh-2017-0017.xml
	The Perception of Non-Smoking Teenagers to Pictorial Health Warnings (<i>Persepsi Remaja Nonperokok terhadap Pictorial Health Warnings</i>) in Gorontalo.	Litbangkes Media, Vol. 27 No. 3, September 2017, 141–152 http://dx.doi.org/10.22435/mpk.v27i3.5580.141-152
	Parental Awareness on Teenage Smoking Behaviour in Yogyakarta and Bali (First Author)	Proceeding on The 5 th Asian Academic Society International Conference, Khon Kaen, Thailand, July, 26-27, 2017 (1). pp. 214-225. ISSN 978-616-440-849-4.

		http://5thaasic.permithakhonkaen.org/
2018	Adolescent's Knowledge and Skill to Refuse Drugs (First Author)	Kesmasnas. National Public Health Journal, 13 (1): 48-52. August 2018. DOI:10.21 http://journal.fkm.ui.ac.id/kesmas/search/search?simpleQuery=Adolescent+knowledge+and+skill&searchField=query
	Investigation on the Educational Partners' Perception toward Inclusive Education: Management and Implementation in Senior High school.	Inclusion Journal of Disability Study, volume 5, number 1, edition 2018. http://ejournal.uin-suka.ac.id/pusat/inklusi/article/view/050102
	The Effectiveness of the Application of Bedside Teaching Method than the Method of Simulation in Improving Wound Care Skills in Nursing Students of Health Polytechnic of Jambi.	European Journal of Pharmaceutical and Medical Research, October 2018. http://www.ejpmr.com/admin/assets/article_issue/1543641011.pdf
2019	The effectiveness moxibustion on breast milk production in postpartum primipara mother.	International Journal of Multidisciplinary Education and Research, Volume 4, issue: 4, July 2019, Page 35-41 https://journals.indexcopernicus.com/search/formjml
	The Effectiveness of Postpartum Yoga on Uterine Involution Among Postpartum Woman in Indonesia	International Journal of Nursing and Health Services, September 2019, Volume 2, Issue 3, Page 124-134. https://www.researchgate.net/publication/335999556_The_EFFECTIVENESS_OF_POSTPARTUM_YOGA_ON_UTERINE_INVOLUTION_AMONG_POSTPART

		UM WOMEN IN INDONESIA
	The Effectiveness of Acuyoga Postpartum on Primiparous Postpartum Pain With Perinatal Trauma	International Journal of Nursing and Health Services, Dec 2019, Volume 2, Issue 4, Page 375-381. http://www.ijnhs.net/index.php/ijnhs/article/view/165
	Peran Suami Sebagai Educator Pada Pasutri Dalam Melakukan Deteksi Dini Kanker Leher Rahim	Dinamika Kesehatan Jurnal Kebidanan dan Keperawatan, 10, 2, Desember 2019, hal 526-536 https://ojs.dinamikakesehatan.unism.ac.id/index.php/dksm/10.33859/dksm.v10i2.454
2020	Effectiveness of three dimension demonstration methods for waste selection behavior children's of the Al-Qur'an mosque education park Jabal Nur in Pajangan, Bantul, Yogyakarta, Indonesia	Annals of Tropical Medicine and Public Health, Vol 23, Nomor 8, Mei, 2020, www.researchgate.net/publication/342253130_Demonstration_methods_of_waste_selection file:///Users/lucky/Downloads/Roy21%20(2).pdf
	Benson's Relaxation Therapy and Sleep Quality among Elderly at a Social Institution in Inakaka, Indonesia	Kesmasnas. National Public Health Journal, 15,2, 25 Mei, 2020, http://journal.fkm.ui.ac/kesmas file:///Users/lucky/Downloads/2562-12532-1-PB%20(3).pdf
	Smoking Behavior of The Pulmonary Clinic Patients (First Author)	Pakistan Journal of Medical and Health Sciences 1393 P J M H S Vol. 14, NO. 2, APR – JUN 2020 https://pjmhsonline.com/2020/apr-june/1393.pdf
	The Effect of the Ex-Smoker as an Educator on Smoking Behaviour and Vital Lung Capacity of the Suspect Lung Cancer Patients	International Journal of Emerging Trends in Science and Technology, Vol 14, nomor 2, April-June 2020 https://pjmhsonline.com/2020/apr-june/1393.pdf

	(First Author)	https://pjmhsonline.com/published-issues/2020-issues/april-june-2020/issue-2-1393
	Vitamin D and Reduced Academic Stress of Health Student	Kesmasnas. National Public Health Journal, Vol 15, issue 3, Agustus 2020 http://journal.fkm.ui.ac.id/kesmas/article/view/3274 file:///Users/lucky/Downloads/3274-13301-1-PB%20(3).pdf
	The Benefits of Holistic Therapy for Psychological Disorders in Postpartum Mother: A Systematic Review	STRADA Jurnal Ilmiah Kesehatan , Vol 9, Nomor 2, November 2020 hal 1708-1717 https://sjik.org/index.php/sjik/article/view/524/401
	Core Stability Exercise For Low Back Pain: A Literature Review	STRADA Jurnal Ilmiah Kesehatan , Vol 9, Nomor 2, November 2020 hal 1708-1717, https://sjik.org/index.php/sjik/article/view/524/401
2021	Priority Efforts to Increase Body's Immune and The Risk of Covid-19 Clinical Symptoms (First Author)	Natural Volatiles Oils, Vol: 8, Nomor: 5, Desember 2021, hal 10359-10367 https://www.nveo.org/index.php/journal/article/view/2936
	Psychiatric Health as The Dominant Factor of Covid-19 Symptom (First Author)	Teikyo Medical Research, December 2021
	Comparative efficacy of digital cognitive behaviour therapy for insomnia: A systematic review and network meta-analysis	Sleep Medicine Reviews , Vol 61, Februari, 22, 2021 https://www.sciencedirect.com/science/article/abs/pii/S1087079221001520

7. EXPERIENCES ON PROPOSAL REVIEWS, RESEARCH REPORTS AND COMMUNITY SERVICE FOR LECTURERS IN THESE FOLLOWING INSTITUTIONS:

YEAR	INSTITUTION
2013	Ambon, Maluku Health Polytechnic of Ministry of Health
2014	<ol style="list-style-type: none"> 1. Ambon, Maluku Health Polytechnic of Ministry of Health 2. Sorong, West Papua Health Polytechnic of Ministry of Health 3. Mamuju Health Polytechnic of Ministry of Health
2015	<ol style="list-style-type: none"> 1. Ambon, Maluku Health Polytechnic of Ministry of Health 2. Mamuju Health Polytechnic of Ministry of Health 3. Tanjung Pinang, Riau Health Polytechnic of Ministry of Health 4. STIKES Bethesda “Yakkum” ,Yogyakarta 5. Gorontalo Health Polytechnic of Ministry of Health 6. Banjarmasin Health Polytechnic of Ministry of Health
2016	<ol style="list-style-type: none"> 1. Ambon, Maluku Health Polytechnic of Ministry of Health 2. Mamuju Health Polytechnic of Ministry of Health
2017	<ol style="list-style-type: none"> 1. Palangkaraya Health Polytechnic of Ministry of Health 2. Bengkulu Health Polytechnic of Ministry of Health
2018	<ol style="list-style-type: none"> 8. Ambon, Maluku Health Polytechnic of Ministry of Health 9. Mamuju Health Polytechnic of Ministry of Health 10. Pontianak Health Polytechnic of Ministry of Health 11. Bengkulu Health Polytechnic of Ministry of Health 12. Banten Health Polytechnic of Ministry of Health 13. Manado Health Polytechnic of Ministry of Health
2019	<ol style="list-style-type: none"> 1. Pontianak Health Polytechnic of Ministry of Health 2. Bengkulu Health Polytechnic of Ministry of Health 3. Manado Health Polytechnic of Ministry of Health
2020	<ol style="list-style-type: none"> 1. Sorong, West Papua Health Polytechnic of Ministry of Health 2. Bengkulu Health Polytechnic of Ministry of Health
2021	<ol style="list-style-type: none"> 1. Yogyakarta Health Polytechnic of Ministry of Health 2. Bengkulu Health Polytechnic of Ministry of Health (daring) 3. Pontianak Health Polytechnic of Ministry of Health (Simlitabkes)

4. Manado Health Polytechnic of Ministry of Health (Simlitabkes)
5. Sorong Health Polytechnic of Ministry of Health (Application of Simlitabkes)
6. Banten Health Polytechnic of Ministry of Health (Application of Simlitabkes)
7. Palembang Health Polytechnic of Ministry of Health (Application of Simlitabkes)
8. Tasikmalaya Health Polytechnic of Ministry of Health (Application of Simlitabkes)
9. Mataram Health Polytechnic of Ministry of Health (Application of Simlitabkes)

8. NATIONAL ASSESOR/ EXPERT TEAM EXPERIENCES

YEAR	ACTIVITIES
2015-at present	The national assessor team of the proposal and research reports of the Polytechnic lecturer on the scheme of competition and major grant
2015	Detachment of the young lecturers of the Health Polytechnic Tanjung Pinang, Riau
2015- at present	The national assessor team of the health Polytechnic champion lecturer
2016	Detachment of the young lecturers of the Health Polytechnic Mamuju, West Sulawesi
2018- at present	The national assessor team of the Health Polytechnic education laboratory staffs
2018	<ol style="list-style-type: none"> 1. The national assessor team of the selection of polytechnic director (East Borneo, South Borneo) in Pontianak 2. The national assessor team of the selection of polytechnic director (Aceh and West Sumatera) in Padang 3. The Expert Staff on the Poverty Reduction Program, Regional Government, Daerah Istimewa Yogyakarta

2020	The National Assessor Team of the Selection of the Polytechnic Civil Servant Lecturer
2021	The National Assessor Team of the Selection of the Polytechnic Civil Servant Lecturer

9. REVIEWER OF THE NATIONAL JOURNAL:

NO	NAME OF THE JOURNAL
1	Skala Husada Journal, Denpasar Health Polytechnic of Ministry of Health.
2	Sanitation Journal, Environment Health Department, Yogyakarta Health Polytechnic of Ministry of Health.
3	Integrated Health Journal, Maluku Health Polytechnic of Ministry of Health
4	Setya Medika Journal, STIKES BSI Yogyakarta
5	Kesmas, National Public Health Journal, University of Indonesia
6	Journal of Health (JoH), LPPM STIKES Guna Bangsa Yogyakarta
7	Gema Kesehatan, Jayapura Health Polytechnic

10. SPEAKER/ ORAL PRESENTATION ON SCIENTIFIC FORUMS/ WORKSHOPS/ SEMINARS:

Year	Title	Location
2015	Oral Presentation on the Scientific Seminar in Yogyakarta Health Polytechnic of Ministry of Health with the Title: “ Responding to Asean Economic Community by Improving Health Students Researches” <i>(Mananggapi MEA dengan meningkatkan Riset Mahasiswa Kesehatan)</i>	Yogyakarta
2016	Oral Presentation on The International Conference on Education Research and Evaluation “Assessment for Improving Students’ Performance”	Graduate School, Yogyakarta State University

	<p>Scientific Oration on Open Senate Council in STIKES Harapan Ibu, Jambi with the Title “The Role of Health Workers in the Health Development on the Basis of Preventive and Promoted” (<i>Peran Tenaga Kesehatan dalam Pembangunan Kesehatan Berbasis Preventive dan Promotive</i>)”</p>	<p>STIKES Harapan Ibu, Jambi</p>
2017	<p>Oral Presentation on The 5th Asian Academic Society International Conference, Khon Kaen, Thailand, Title: (2017), Title: Parental Awareness on Teenage Smoking Behaviour in Yogyakarta and Bali, Indonesia (oral presentation), http://5thaasic.permithakhonkaen.org/ http://eprint.poltekkesjogja.ac.id/118</p> <p>The 3rd International Conference on Public Health 2017 (ICOPH 2017), July, 27-29, 2017, Kuala Lumpur, Malaysia. Title: Knowledge and Skills of Young Adolescents to Refuse Substances. (Poster). https://mahfouzadedimeji.com/2017/07/18/icoph-2017-3rd-international-conference-on-public-health-2017/ http://eprints.poltekkesjogja.ac.id/117</p>	<p>The 5th Asian Academic Society International Conference, Khon Kaen, Thailand</p> <p>The 3rd International Conference on Public Health 2017 (ICOPH 2017)</p>
2018	<p>Oral presentation on The 3rd Seminar of Social Science and Business Research Network (SSBRN), Nest Hotel, Osaka Jepang, 11-12 Oct 2018. Title: The Role of Parents on Teenagers Smoking Behavior in Pressing Family Expenditure Budget in Buying Cigarette. (Oral Presentation). http://www.ssbrn.com/index.php/tag/symposium/</p>	<p>The 3rd Seminar of Social Science and Business Research Network (SSBRN), Nest Hotel, Osaka Jepang,</p>

	Oral presentation on the Workshop of Lecturers' Career Development in Medan Polytechnic of Ministry of Health (2018)	Medan Polytechnic of Ministry of Health
	Public Lecture for New Students in Jayapura Health Polytechnic of Ministry of Health with the Title of Tips and Tricks of Health Diploma Graduates to be Professor (<i>Kiat Lulusan Diploma Kesehatan Menjadi Guru Besar</i>) (2018)	Jayapura Health Polytechnic of Ministry of Health
	Scientific Oration on Open Senate Council in Jayapura Health Polytechnic of Ministry of Health with the Title "The Implementation of Collaborative Interprofesional of Health Workers in Integrated Health Service in Community" (<i>Implementasi interprofesional kolaborasi tenaga kesehatan dalam pelayanan kesehatan terintegrasi di masyarakat</i>) (2018)	Jayapura Health Polytechnic of Ministry of Health
2020	The Dominant Factors to Control Covid19 Symptom	- Poltekkes Yogyakarta Webinar, 4 Juni 2020, - Poltekkes Palembang Webinar, 18 Juli 2020, - International Webinar in Manila, 14 Agustus 2020)
2021	How to create final Report of The Students Based on Literature Review Method	Universitas Ahmad Yani, January, 2021 (Daring)
	How to create final Report of The Students Based on Literature Review Method	Poltekkes Bina Sarana Informatika, January, 17, 2021 (Daring)
	How to manage Peer Review Sheet of Lecturer's Scientific Works	Bengkulu Polytechnic of Ministry of Health, December 7-9, 2021

Yogyakarta, Desember , 2021