

**POLITEKNIK KESEHATAN KEMENKES BANDUNG PROGRAM
STUDI KEBIDANAN BOGOR LAPORAN TUGAS AKHIR, JULI 2021**

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**ASUHAN KEBIDANAN PADA NY.S USIA 20 TAHUN G1P0A0 DI PMB
BIDAN I**

VI bab, 103 halaman, 15 lampiran, 4 tabel

ABSTRAK

Menurut Ketua Komite Ilmiah International Conference on Indonesia Family Planning and Reproductive Health (ICIFPRH), hingga tahun 2019 Angka Kematian Ibu (AKI) Indonesia masih tetap tinggi, yaitu 305 per 100.000 kelahiran hidup. Pelayanan kebidanan merupakan salah satu upaya kesehatan yang diberikan oleh tenaga kebidanan yang telah terdaftar dan terlisensi sesuai dengan peraturan yang berlaku untuk dapat melakukan praktik. Bidan diharuskan untuk memberikan asuhan secara berkesinambungan (Continuity of Care) mulai dari masa hamil, persalinan, nifas, BBL dan KB. Tujuan penulisan Laporan Tugas Akhir ini adalah untuk melakukan asuhan kebidanan pada Ny. S usia 20 tahun G1P0A0 di PMB Bidan I.

Metode yang digunakan dalam penyusunan Laporan Tugas Akhir ini adalah laporan kasus dengan pendokumentasian SOAP. Teknik pengumpulan data melalui wawancara, pemeriksaan fisik, observasi, studi dokumentasi dan studi literature.

Hasil pengkajian awal ini merupakan kehamilan pertama dan belum pernah keguguran, mengeluh sakit perut bagian bawah dan mules. Hasil pemeriksaan awal, persalinan hingga nifas didapatkan dalam keadaan normal. Analisa pada awal pengkajian Ny.S 20 tahun G1P0A0, 40 minggu, inpartu kala 1 fase laten, keadaan ibu baik. Janin tunggal, hidup, presentasi kepala, keadaan janin baik. Analisa selanjutnya sesuai dengan tahapan persalinan dan perkembangan. Penatalaksanaan yang diberikan adalah memantau kemajuan persalinan, kesejahteraan ibu dan bayi. Bayi lahir spontan, menangis kuat, tonus otot aktif, jenis kelamin laki-laki. Penatalaksanaan selanjutnya sesuai dengan perkembangan. Pengkajian masa nifas terdapat masalah pada hari ke-4 ibu mengalami bendungan ASI, pada pengkajian BBL tidak ditemukan masalah, dengan keadaan normal. Penatalaksanaan yang dilakukan telah sesuai dengan rencana dan menyeluruh.

Kesimpulan hasil pengkajian diberikannya asuhan dengan diperolehnya data subjektif, objektif, ditegakkannya analisa, dilakukan penatalaksanaan dan diketahuinya faktor pendorong dan penghambat. Saran yang diberikan bagi pmb diharapkan lebih memperhatikan edukasi dalam perawatan payudara, bagi profesi dapat berbagi terhadap ilmu yang diperoleh dari berbagai pengalaman, dan bagi klien dapat melakukan perawatan payudara sesuai dengan asuhan yang diberikan.

Kata Kunci : Persalinan, nifas, bayi baru lahir

Pustaka : 33 (2007-2020)

**HEALTH POLYTECHNIC MINISTRY OF HEALTH BANDUNG
MIDWIFE STUDY PROGRAM BOGOR FINAL PROJECT REPORT,
JULY 2021**

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**MIDWIFE CARE IN Mrs. S AGE OF 20 YEARS G1P0A0 IN MIDWIVES
CLINIC OF MRS I**

VI chapters, 103 pages, 15 attachments, 4 tables

ABSTRACT

According to the Chair of the Scientific Committee of the International Conference on Indonesia Family Planning and Reproductive Health (ICIFPRH), until 2019 Indonesia's Maternal Mortality Rate (MMR) is still high, at 305 per 100,000 live births. Midwifery services are one of the health efforts provided by midwives who have been registered and licensed in accordance with applicable regulations to be able to practice. Midwives are required to provide continuous care (Continuity of Care) starting from pregnancy, childbirth, postpartum, BBL and family planning. The purpose of writing this final report is to provide midwifery care to Mrs. S 20 years old G1P0A0 at midwives clinic of Mrs I.

The method used in the preparation of this Final Project is a case report with SOAP documentation. Data collection techniques through interviews, physical examinations, observations, documentation studies and literature studies. The results of this initial assessment were her first pregnancy and had never had a miscarriage, complaining of lower abdominal pain and heartburn. The results of the initial examination, labor and postpartum were found to be normal. Analysis at the beginning of the assessment Mrs. S 20 years G1P0A0, 40 weeks, latent stage 1 labor, mother's condition is good. Single fetus, alive, cephalic presentation, good fetal condition. Further analysis is in accordance with the stages of labor and development. The management provided is to monitor the progress of labor, the welfare of the mother and baby. The baby was born spontaneously, cried loudly, muscle tone was active, male gender. Subsequent management in accordance with developments. In the postpartum assessment, there were problems on the 4th day the mother experienced breast milk dams, in the BBL assessment there were no problems, with normal conditions. The management carried out was in accordance with the plan and was comprehensive.

The conclusion of the assessment is that care is provided by obtaining subjective, objective data, enforcing analysis, conducting management and knowing the driving and inhibiting factors. Suggestions given to midwives clinic are expected to pay more attention to education in breast care, for professions to share knowledge gained from various experiences, and for clients to perform breast care in accordance with the care provided.

Keywords : Labor, postpartum, newborn

Library : 33 (2007-2020)