## POLITEKNIK KESEHATAN KEMENTERIAN KESEHATAN BANDUNG PROGRAM STUDI KEBIDANAN BOGOR FINAL REPORT PROJECT, JUNE 2024

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Childbirth Midwifery Care for Mrs. V G3P1A1 at Ciampea Community Health Center,

6 chapters, 72 pages, 6 attachments, 1 table, 5 picture

## **ABSTRACT**

In the basis of normal birth care, care must be clean and safe during labor and after the baby is born as well as efforts to prevent complications, especially postpartum hemorrhage, hypothermia and asphyxia of newborns. Prevention of complications during labor and after the baby is born will reduce morbidity and mortality for mothers and newborns. To prevent complications during childbirth, midwives provide normal delivery care (APN). The purpose of writing this Final Assignment Report is to apply midwifery care for childbirth at the Ciampea Community Health Center.

The method used in preparing this final assignment report is a case report and the approach technique used is midwifery management in the form of SOAP documentation. Data collection techniques include interviews, physical examination, observation, documentation and literature study.

The results of the study were obtained from subjective data, namely Mrs. V came to the health center complaining of heartburn which was getting more and more frequent and blood was coming out, but the mother said no water had come out and the mother felt weak. Objective data obtained from the physical examination were general condition looking painful, TFU 29.cm, right back, head presentation, FHR 145x/minute, 3x in 10 minutes lasting 33 seconds, adequate intensity. Genitalia portio thick soft, opening 5 cm, amniotic fluid intact, cephalic presentation, hodge II. The analysis carried out was Mrs. V, 21 years old, G3P1A1, 39 weeks' gestation, in the first stage, active phase, single fetus, alive, intrauterine, head presentation with psychological problems. The management carried out on Mrs. V was by teaching the mother relaxation techniques or dealing with pain by massaging the mother's pelvic area. And monitor the progress of the mother's labor.

The evaluation achieved was that the baby was born spontaneously at 21.23 WIB, the mother and baby were healthy, had no complications and the mother was able to go through the postpartum period well. Advice for clients is that they are expected to be able to carry out all the recommendations suggested by the midwife so that there are no restrictions during the postpartum period. Suggestions for the midwife profession are expected to be able to implement midwifery care with appropriate standards.

Keywords : Midwifery care, Normal Childbirth

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