

## DAFTAR ISI

PERNYATAAN PERSETUJUAN.....	Error! Bookmark not defined.
LEMBAR PENGESAHAN .....	Error! Bookmark not defined.
ABSTRAK.....	Error! Bookmark not defined.
KATA PENGANTAR .....	Error! Bookmark not defined.
DAFTAR ISI .....	1
DAFTAR TABEL .....	Error! Bookmark not defined.
DAFTAR GAMBAR.....	Error! Bookmark not defined.
DAFTAR LAMPIRAN .....	Error! Bookmark not defined.
BAB I PENDAHULUAN.....	Error! Bookmark not defined.
1.1    Latar belakang .....	Error! Bookmark not defined.
1.2    Rumusan masalah.....	Error! Bookmark not defined.
1.3    Tujuan.....	Error! Bookmark not defined.
1.3.1.    Tujuan Umum .....	Error! Bookmark not defined.
1.3.2    Tujuan Khusus.....	Error! Bookmark not defined.
1.4    Ruang Lingkup Penelitian .....	Error! Bookmark not defined.
1.5    Manfaat Penelitian .....	Error! Bookmark not defined.
1.6    Keterbatasan Peneliti.....	Error! Bookmark not defined.
BAB II TINJAUAN PUSTAKA.....	Error! Bookmark not defined.
2.1    Remaja .....	Error! Bookmark not defined.
2.1.1    Definisi remaja.....	Error! Bookmark not defined.
2.1.2    Kebutuhan gizi remaja .....	Error! Bookmark not defined.
2.1.3    Masalah gizi remaja.....	Error! Bookmark not defined.
2.2    Anemia .....	Error! Bookmark not defined.
2.2.1.    Definisi anemia .....	Error! Bookmark not defined.
2.2.2.    Jenis – jenis anemia .....	Error! Bookmark not defined.
2.2.3    Batasan anemia .....	Error! Bookmark not defined.

2.2.4	Tanda dan gejala anemia .....	Error! Bookmark not defined.
2.2.5	Penyebab Anemia .....	Error! Bookmark not defined.
2.2.6	Dampak anemia.....	Error! Bookmark not defined.
2.2.7.	Zat gizi yang mempengaruhi anemia besi	Error! Bookmark not defined.
2.2.8.	Upaya Penanggulangan Anemia.....	Error! Bookmark not defined.
2.3.	Protein .....	Error! Bookmark not defined.
2.4.	Zat Besi .....	Error! Bookmark not defined.
2.5.	Ikan patin .....	Error! Bookmark not defined.
2.5.1.	Definisi ikan patin.....	Error! Bookmark not defined.
2.5.2	Klasifikasi dan morfologi ikan patin .....	Error! Bookmark not defined.
2.5.3.	Nilai gizi ikan patin .....	Error! Bookmark not defined.
2.5.4.	Tepung ikan patin .....	Error! Bookmark not defined.
2.5.5.	Nilai gizi tepung ikan patin .....	Error! Bookmark not defined.
2.5.6.	Jumlah Produksi Ikan Patin.....	Error! Bookmark not defined.
2.5.7.	Manfaat Ikan Patin.....	Error! Bookmark not defined.
2.6.	Tepung Terigu .....	Error! Bookmark not defined.
2.6.1.	Definisi Tepung Terigu.....	Error! Bookmark not defined.
2.7.	Cookies.....	Error! Bookmark not defined.
2.7.1	Definisi cookies .....	Error! Bookmark not defined.
2.7.2.	Syarat mutu cookies.....	Error! Bookmark not defined.
2.7.3.	Bahan -bahan cookies .....	Error! Bookmark not defined.
2.7.4.	Proses Pembuatan cookies .....	Error! Bookmark not defined.
2.8.	Sifat organoleptik .....	Error! Bookmark not defined.
2.8.1.	Definisi sifat organoleptik .....	Error! Bookmark not defined.
2.8.2.	Uji hedonik.....	Error! Bookmark not defined.
2.8.3.	Panelis.....	Error! Bookmark not defined.
BAB III KERANGKA KONSEP DAN DEFINISI OPERASIONAL		
3.1	Kerangka Konsep .....	Error! Bookmark not defined.

3.2. Definisi Operasional.....	Error! Bookmark not defined.
3.2.1. Imbangan Tepung Terigu dan Tepung Ikan Patin	Error! Bookmark not defined.
3.2.2. Sifat Organoleptik .....	Error! Bookmark not defined.
3.2.3. Nilai Gizi .....	Error! Bookmark not defined.
BAB IV METODE PENELITIAN .....	Error! Bookmark not defined.
4.1. Desain Penelitian.....	Error! Bookmark not defined.
4.2. Waktu dan tempat penelitian.....	Error! Bookmark not defined.
4.2.1. Penelitian Pendahuluan .....	Error! Bookmark not defined.
4.2.2. Penelitian Utama .....	Error! Bookmark not defined.
4.2.3. Tempat Penelitian.....	Error! Bookmark not defined.
4.3. Alat dan Bahan .....	Error! Bookmark not defined.
4.3.1. Alat – alat.....	Error! Bookmark not defined.
4.3.2. Bahan-bahan .....	Error! Bookmark not defined.
4.4. Rancangan Percobaan .....	Error! Bookmark not defined.
4.4.1. Skema perlakuan.....	Error! Bookmark not defined.
4.4.2. Randomisasi .....	Error! Bookmark not defined.
4.4.3. Pengulangan.....	Error! Bookmark not defined.
4.5. Prosedur Kerja.....	Error! Bookmark not defined.
4.6. Prosedur Pembuatan .....	Error! Bookmark not defined.
4.6.1. Prosedur Pembuatan Tepung Ikan Patin	Error! Bookmark not defined.
4.6.2. Prosedur Pembuatan Cookies .....	Error! Bookmark not defined.
4.7. Jenis dan Cara Pengumpulan Data .....	Error! Bookmark not defined.
4.8. Pengolahan Data dan Analisis Data.....	Error! Bookmark not defined.
BAB V HASIL DAN PEMBAHASAN .....	Error! Bookmark not defined.
5.1 Penelitian Pendahuluan .....	Error! Bookmark not defined.
5.2 Penelitian Utama .....	Error! Bookmark not defined.
5.3 Deskripsi Produk.....	Error! Bookmark not defined.
5.4 Hasil Pengujian Organoleptik.....	Error! Bookmark not defined.

5.4.1.	Warna .....	<b>Error! Bookmark not defined.</b>
5.4.2.	Rasa .....	<b>Error! Bookmark not defined.</b>
5.4.3.	Aroma .....	<b>Error! Bookmark not defined.</b>
5.4.4.	Tekstur.....	<b>Error! Bookmark not defined.</b>
5.4.5.	<i>Overall</i> ( Keseluruhan ) .....	<b>Error! Bookmark not defined.</b>
5.5	Analisis Nilai Gizi .....	<b>Error! Bookmark not defined.</b>
5.6	Analisis Biaya .....	<b>Error! Bookmark not defined.</b>
BAB VI KESIMPULAN DAN SARAN .....		<b>Error! Bookmark not defined.</b>
6.1	Kesimpulan .....	<b>Error! Bookmark not defined.</b>
6.2	Saran.....	<b>Error! Bookmark not defined.</b>
DAFTAR PUSTAKA .....		<b>Error! Bookmark not defined.</b>
LAMPIRAN .....		<b>Error! Bookmark not defined.</b>