

**MINISTRY OF HEALTH BANDUNG HEALTH POLYTECHNIC
MIDWIFERY STUDY PROGRAM (BOGOR CAMPUS)
FINAL REPORT, JUNE 2024**

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"Postpartum Midwifery Care for Mrs. Y with Hepatitis, Hypertension, and Mild Anemia at Cibungbulang Health Center, Bogor Regency"

6 Chapters, 115 Pages, 4 Tables, 3 Figures, 5 Attachments.

ABSTRACT

Maternal mortality rates remain high in West Java at 792 per 100,000 live births due to undetected complications. One of these is sexually transmitted infections (STIs), such as Hepatitis B, and other related diseases like hypertension and anemia. The aim of the author of this final report is to apply midwifery care at the Cibungbulang Health Center in Bogor Regency.

The method used is a case report with SOAP (Subjective, Objective, Analysis, and Plan) documentation, while the data collection techniques include interviews, observations, physical examinations, and literature studies.

The results of the subjective data assessment show that the mother reported dizziness and headaches, with a history of positive HBsAg and mild anemia. The objective data obtained included blood pressure of 140/90 mmHg, a yellow face, yellow sclera, and pale conjunctiva. Further monitoring and observation were conducted, along with TTV blood pressure examination showing 160/90 mmHg. A follow-up laboratory test indicated positive HBsAg and an HB level of 10.4 g/dL. Preventive methods were applied, including dietary adjustments for mothers with Hepatitis B, hypertension, and mild anemia, while curative methods involved treatment in collaboration with an internal medicine specialist. The analysis concluded that Mrs. Y, 43 years old, G7P7A0, 20 days postpartum, had Hepatitis B, hypertension, and mild anemia. The management included dietary education for Hepatitis B, hypertension, and anemia, as well as a referral to Leuwiliang General Hospital for further treatment.

The conclusion of this final report is that the care provided met midwifery care standards for postpartum mothers with Hepatitis B, hypertension, and mild anemia. The referral to Leuwiliang General Hospital resulted in outpatient treatment by a specialist without further complications. It is recommended that the mother adhere to dietary guidelines for Hepatitis B, hypertension, and mild anemia.

Suggestions for the health center and midwifery profession include enhancing early detection of Hepatitis B and managing it according to standard operating procedures (SOP) to ensure control. Families should be aware of the dangers of the disease and the importance of routine treatment for Hepatitis B.

Keywords: postpartum care, Hepatitis B, Hypertension, Anemia

References: 72 sources (2014-2024)