

**MINISTRY OF HEALTH POLTEKKES BANDUNG MIDWIFERY STUDY PROGRAM(
BOGOR CAMPUS) THREE DIPLOMA PROGRAM
FINAL PROJECT REPORT, JUNE 2024**

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Midwifery care for Mrs. R 38 years old P4A1 with placenta residue and anemia at Ciawi hospital

VI CHAPTERS, 120 pages, 3 Tables, 11 attachments.

ABSTRACT

In 2020 the cause of maternal mortality in Indonesia is bleeding (28.7%), one of which is caused by placental remnants. According to data in the PONEK room at Ciawi Hospital in 2024 from February to April there were 326 deliveries, 11 patients (3.37%) with anemia and 21 patients (6.44%) with postpartum hemorrhage, one of which was caused by the remaining placenta in 6 cases (28.57%). The purpose of writing this Final Project Report is to learn and understand and apply midwifery care in cases of placental remnants and severe anemia.

The method used is in the form of a case report with SOAP documentation. The approach taken by doing midwifery care management. Data collection techniques by interview, physical examination, laboratory examination, observation, documentation study and literature study.

Assessment results from subjective data Mrs., R 38 years old gave birth to her 5th child at 03.00 WIB at the paraji, after one hour the placenta was not born, taken to the midwife clinic. At the midwife, RL drip infusion of 20 UI oxytocin and injected 10 UI IM, performed manual placenta incomplete impression, given misoprostol therapy 3x 200 mcg / rectal, methylegometrine 1 ampoule 0.2 mg IM, and Tranexamic 2 ampoules 500 mg IV. The patient was referred to RSUD Ciawi, at the hospital at 05.31 WIB the general condition was moderate, composmentis consciousness, blood pressure 80/60 mmHg, pulse 100x/min, temperature 36.7°C, respiration 26x/min, hard contractions, fundus uteri height 2 fingers below center, genitalia there was amniotic membrane in the uterine cavity and lab results 5.6 g/dl. Analysis Mrs. R 38 years old P4A1 with residual placenta and severe anemia. The management is to collaborate with doctors, perform blood transfusions, curettage, observe the general condition, vital signs, contractions and bleeding, perform blood transfusions, provide motivation, provide counseling on nutrition, danger signs, postpartum exercises and birth control.

In conclusion, the care has been carried out for 38 days on Mrs. R has no bleeding and the client's Hb has increased by 10.2 g/dl. Advice to patients using birth control, if pregnant again give birth in a health facility.

Keywords: Postpartum care, retained placenta, severe anemia

References : 37 sources (2014-2023)