

**HEALTH POLYTECHNIC OF THE MINISTRY OF HEALTH BANDUNG  
MIDWIFERY STUDY PROGRAM (BOGOR CAMPUS)  
FINAL PROJECT REPORT, JUNE 2024**

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**Postpartum Midwifery Care for Mrs. R, 23 years old, P1A0 with Perineal  
Wound Care at Leuwiliang Health Center  
VI Chapters, 64 Pages, 08 Appendices, 04 Tables, 01 Figure**

**ABSTRACT**

*The postpartum period is the time after childbirth, which is a recovery period, especially if there were complications in the delivery history, such as perineal rupture. According to WHO data, there are 2.7 million cases of perineal rupture among mothers giving birth. This number is estimated to reach 6.3 million by 2050. Perineal rupture that occurs during childbirth and is subsequently stitched requires attention during the postpartum period because there is a risk of infection if wound care and hygiene are inadequate. The infection can even spread to other areas such as the bladder and reproductive tract. This report aims to implement Midwifery Care for postpartum mothers with perineal wounds at Leuwiliang Health Center.*

*The method used in this final assignment report is a case report, formatted as SOAP (Subjective, Objective, Assessment, Plan). Data were collected through interviews, physical examinations, observations, documentation studies, and literature reviews.*

*The subjective data obtained from Mrs. R included complaints of persistent pain and soreness in the perineal wound after childbirth; she gave birth 2 hours ago at 21:37. The objective data included blood pressure of 120/80 mmHg, pulse rate of 82 beats per minute, respiration rate of 20 breaths per minute, temperature of 36.7°C, fundal height at the umbilicus, full bladder, good uterine contractions, lochia rubra discharge of approximately 60cc with a liquid consistency, and a wet perineal wound with stitches. The analysis established was that Mrs. R, 23 years old, P1A0, is 2 hours postpartum with a perineal wound. The management provided included personal hygiene and perineal wound care according to midwifery service standards, following SOP and midwife authority.*

*The conclusion from the care of Mrs. R is that the examination results indicate the client is in normal condition, the perineal wound is clean, and there are no signs of infection. Recommendations for the client and her family include following the given advice, such as fulfilling exclusive breastfeeding, ensuring adequate nutrition for the postpartum mother, and preparing for postnatal contraception.*

**Keywords : Midwifery Care, Postpartum, Perineal Wound  
References : 34 (2014-2024)**

