

**POLITEKNIK KESEHATAN KEMENTERIAN KESEHATAN
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Putri Anggraeni

NIM: P17324221028

**Asuhan Kebidanan Intranatal pada Ny. S usia 39 tahun G6P4A1 Hamil 38 Minggu
di Puskesmas Cijeruk**

VI BAB, 121 halaman, 1 gambar, 1 tabel, 10 lampiran

ABSTRAK

Faktor risiko kehamilan dan persalinan adalah grandemultipara dan umur ≤ 20 dan ≥ 35 tahun, tercatat AKI di Indonesia tahun 2022 mencapai 189 per 100.000 KH. Pada kasus ini bidan memiliki peran penting untuk deteksi dini, rujukan tepat waktu, persalinan yang aman, pencegahan komplikasi dan edukasi kontrasepsi. Tujuan penulisan laporan ini adalah untuk memberikan asuhan kebidanan intranatal care yang sesuai dengan standar kebidanan.

Metode yang digunakan adalah laporan kasus dalam bentuk pendokumentasian menggunakan SOAP (Subjektif, objektif, analisa, penatalaksanaan), serta teknik pengumpulan datanya diperoleh melalui wawancara, observasi, pemeriksaan fisik, studi dokumentasi dan studi literatur.

Hasil pengkajian diperoleh data subjektif yaitu Ny. S, usia 39 tahun, datang mengeluh mulas sejak pukul 03.00 WIB dan sudah keluar lendir darah pukul 03.00 WIB, HPHT 28-06-2023, G6P4A1, ibu merasa mulas semakin sering dan kuat. Data objektif tanda-tanda vital normal, konjungtiva merah muda, TFU 31 cm, pada fundus teraba bokong, kanan teraba punggung, kiri teraba ekstremitas, presentasi kepala, divergen 3/5, DJJ 138x/menit. His 2x10 menit lamanya 25 detik, Hb 12,9 gr%. Pemeriksaan genitalia, vulva vagina tidak ada kelainan, tidak ada varrices, portio tebal lunak, pembukaan 2 cm, selaput ketuban utuh, penurunan kepala hodge I, analisa awal Ny. S usia 39 tahun G6P4A1 usia kehamilan 38 minggu, inpartu kala I fase laten, janin tunggal hidup, presentasi kepala, kondisi ibu dan janin baik. Masalah ibu grademultipara dan resiko usia terlalu tua. Asuhan yang dilakukan yaitu meliputi asuhan kala I asuhan sayang ibu, II menolong persalinan, III manajemen kala III, IV penjahitan dan pemantauan.

Kesimpulan, ibu sudah mendapatkan pertolongan persalinan sesuai standar dan sudah dilakukan penjahitan, tidak ada komplikasi pada ibu dan bayinya. Ibu dan bayi mendapatkan asuhan sampai 14 hari, dan ibu berencana menggunakan kontrasepsi suntik 3 bulan. Saran yang berikan kepada Ny. S yaitu untuk menggunakan kontrasepsi jangka panjang agar ibu tidak bisa hamil lagi.

Kata Kunci : Asuhan Kebidanan, Intranatal

Pustaka : 38 (2016-2023)

**BANDUNG MINISTRY OF HEALTH POLYTECHNIC
BOGOR MIDWIFERY PROGRAM FINAL PROJECT REPORT,
2024**

Putri Anggraeni

ID: P17324221028

Midwifery Intranatal Care for Mrs. S aged 39 years old, G6P4A1 38 weeks pregnant at Cijeruk Health Center

VI Chapter, 121 pages, 1 image, 1 table, 10 appendices

ABSTRACT

Risk factors for pregnancy and childbirth are grandemultipara and the age of ≤ 20 and ≥ 35 years, recorded AKI in Indonesia in 2022 reached 189 per 100,000 KH. In this case, midwives have an important role for early detection, timely referral, safe delivery, complication prevention and contraceptive education. The purpose of writing this report is to provide intranatal care midwifery care in accordance with obstetric standards.

The method used is a case report in the form of documentation using SOAP (Subjective, Objective, Analysis, Management), and the data collection technique is obtained through interviews, observations, physical examinations, documentation studies and literature studies.

The results of the assessment obtained subjective data, namely Mrs. S, 39 years old, came complaining of heartburn since 03.00 WIB and had bloody mucus at 03.00 WIB, HPHT 28-06-2023, G6P4A1, the mother felt heartburn more and more frequent and strong. Objective data on normal vital signs, pink conjunctiva, TFU 31 cm, on the fundus palpable buttocks, right palpation of the back, left palpation of the extremities, presentation of the head, divergent 3/5, DJJ 138x/min. His 2x10 minutes is 25 seconds long, Hb 12.9 gr%. Genetic examination, vaginal vulva no abnormalities, no varrices, soft thick portio, opening 2 cm, intact amniotic membrane, hodge head drop I, initial analysis of Mrs. S age 39 years G6P4A1 gestational age 38 weeks, inpartu during latent phase 1, single fetus alive, head presentation, maternal and fetal condition is good. The problem of multi-grade mothers and the risk of being too old. The care carried out includes care in the first period of care for the mother, II in helping with childbirth, III in management in the third stage, IV sewing and monitoring.

In conclusion, the mother has received delivery help according to standards and has been stitched, there are no complications for the mother and her baby. The mother and baby get care for up to 14 days, and the mother plans to use injectable contraception for 3 months. The advice given to Mrs. S is to use long-term contraception so that the mother cannot get pregnant again.

Keywords : Midwifery Care, Intranatal

References : 38 (2016-2023)