

**KEMENKES POLTEKKES BANDUNG PROGRAM STUDI KEBIDANAN
BOGOR LAPORAN TUGAS AKHIR, JUNI 2024**

Dinda Septiana

NIM : P17324221051

**Asuhan Kebidanan Keluarga Berencana Pada Ny. L U. 27 Tahun Akseptor KB
Suntik Dengan Keputihan Di Puskesmas Parung Kabupaten Bogor 31
Kepustakaan, VI BAB, 59 Halaman, 7 Lampiran, 2 Gambar, 1 Tabel**

ABSTRAK

Pada tahun 2022, terdapat 4 juta jiwa akseptor KB suntik di Jawa Barat. Menurut jurnal penelitian, sekitar 35,3% dari 51 akseptor KB suntik 3 bulan mengalami keputihan. Keputihan jika dibiarkan akan memicu berbagai penyakit infeksi genitalia sehingga harus mendapat asuhan yang tepat. Salah satu yang mempengaruhinya adalah personal *hygiene* yang kurang baik, faktor kelelahan dan stress. Tujuan Laporan Tugas Akhir ini yaitu melakukan Asuhan Kebidanan Keluarga Berencana pada Ny. L Usia 27 tahun P2A0 Akseptor KB suntik 3 bulan dengan keputihan.

Metode penulisan laporan tugas akhir ini menggunakan laporan kasus dengan pendekatan manajemen kebidanan dan pendokumentasian SOAP. Teknik pengumpulan data diperoleh melalui wawancara, pemeriksaan fisik, observasi, studi dokumentasi, dan studi literatur.

Hasil pengkajian subjektif diperoleh Ny. L datang ke puskesmas parung ingin KB suntik 3 bulan, mengalami keputihan selama 5 hari berwarna putih, tidak gatal, panas, perih dan berbau, belum pernah diberi edukasi keputihan dan personal *hygiene*, setelah KB suntik tidak haid. Pemeriksaan genitalia didapatkan pengeluaran cairan berwarna putih dan tidak berbau. Analisa yang ditegakkan yaitu Ny. L akseptor KB suntik 3 bulan dengan keputihan. Asuhan yang diberikan melakukan penyuntikkan KB suntik 3 bulan, memberikan KIE efek samping KB suntik, penyebab dan penanganan keputihan.

Kesimpulan asuhan kebidanan pada Ny. L adalah memahami efek samping KB suntik, sudah tidak keputihan, dan akan menggunakan KB suntik 1 bulan. Saran untuk klien dan keluarga diharapkan untuk memahami efek samping KB suntik, menjaga personal *hygiene* serta melakukan support fisik dan emosional ibu.

Kata Kunci : Keluarga Berencana, Keputihan, Suntik

Pustaka : 32 Sumber (2016-2024)

**KEMENKES POLTEKKES BANDUNG PROGRAM STUDI KEBIDANAN
BOGOR FINAL PROJECT REPORT, JUNE 2024**

Dinda Septiana

NIM : P17324221051

Family Planning Midwifery Care for Mrs. L U. 27 Year Old Recipient of Birth Control Injections with Vaginal Discharge at the Parung Community Health Center Bogor Regency 31 Bibliography, VI CHAPTER, 59 Pages, 7 Attachments, 2 Pictures, 1 Tables

ABSTRACT

In 2022, there will be 4 million injectable contraceptive acceptors in West Java. According to a research journal, around 35.3% of 51 recipients of 3-month contraceptive injections experienced vaginal discharge. If vaginal discharge is left unchecked, it will trigger various genital infections, so proper care must be taken. One thing that influences this is poor personal hygiene, fatigue and stress factors. The aim of this Final Assignment Report is to provide Midwifery Family Planning Care to Mrs. L Age 27 years P2A0 Acceptor of contraceptive injections for 3 months with vaginal discharge.

The method for writing this final assignment report uses a case report with a midwifery management approach and SOAP documentation. Data collection techniques were obtained through interviews, physical examination, observation, documentation study, and literature study.

The results of the subjective assessment were obtained by Mrs. L came to the Parung Community Health Center wanting a 3-month contraceptive injection, experienced vaginal discharge for 5 days that were white, not itchy, hot, sore and smelly, had never been given education about vaginal discharge and personal hygiene, after the contraceptive injection she did not menstruate. Genital examination revealed a white, odorless discharge. The analysis that was enforced was Mrs. L is an injectable contraceptive acceptor for 3 months with vaginal discharge. The care provided is injecting contraceptive contraceptives for 3 months, giving IEC side effects of injectable contraceptives, causes and treatment of vaginal discharge.

Conclusion of midwifery care for Mrs. L is understanding the side effects of injectable birth control, no longer has vaginal discharge, and will use injectable birth control for 1 month. Advice for clients and families is to understand the side effects of injectable birth control, maintain personal hygiene and provide physical and emotional support for the mother.

Keywords : Family Planning, Vaginal Discharge, Injection
Bibliography : 32 source (2016-2024)