

**HEALTH POLYTECHNIC BANDUNG, BOGOR MIDWIFERY STUDY PROGRAM,
FINAL REPORT, JUNE 2024**

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**Postpartum Midwifery Care for Mrs. S P3A0 with Perineal Stitched Wounds at
Ciawi Community Health Center, Bogor Regency**

VI chapters, 92 pages, 8 attachments, 3 pictures, 6 tables

ABSTRACT

The Maternal Mortality Rate (MMR) in Indonesia in 2020 is 230 per 100,000 live births, one of the direct causes of maternal death is infection (7.3%). One of them is infection of the birth canal wound. The aim of preparing this Final Assignment Report is to be able to implement midwifery care for Mrs. S aged 34 years P3A0 postpartum 2 hours with perineal suture wounds.

The writing method in this report uses the case report method and documentation in the form of SOAP. The techniques used during the assessment are midwifery management and data collection techniques through interviews, physical and supporting examinations, observation, and literature study.

Obtained subjective data from Mrs. S, 34 years old, P3A0 gave birth on March 25 2024 at 11.10 WIB, gave birth spontaneously, was assisted by a midwife at the community health center and there was a grade II perineal tear. In the objective data, blood pressure was found to be 120/80 mmHg, N 83 x/minute, R 20 x/minute, S 36.4oC, TFU 2 fingers below the center, the uterus felt hard, strong contractions, the bladder was empty, there was lochea rubra discharge. 10 cc, there are intact and wet suture wounds, REEDA scale 4. The analysis carried out is Mrs. S aged 34 years P3A0 postpartum 2 hours with perineal suture wounds. Management involves observing bleeding by monitoring TTV, TFU, contractions, bladder, bleeding, teaching vulva hygiene and perineal wound care, clean and dry techniques, breastfeeding techniques, postpartum exercises and teaching danger signs during the postpartum period.

Conclusion of Postnatal Midwifery Care that has been carried out on Mrs. S obtained examination results within normal limits, the perineal suture wound was declared healed with a REEDA scale of 0, and there were no accompanying complications. Suggestions for clients and families to implement recommendations and information, especially regarding care for perineal suture wounds and nutritional requirements for postpartum mothers.

Keywords : Postnatal Care, Perineal Suture Wound

References : 45 (2018-2024)