

**POLYTECHNIC OF HEALTH BANDUNG
DEPARTMENT OF MIDWIFERY IN BANDUNG
SCIENTIFIC PAPER, MAY 2020**

DEA NABILA

**COMPREHENSIVE MIDWIFERY CARE OF NY. S WITH ANEMIA AT
"AZ" PRIMARY CLINIC, CIANJUR REGENCY**

ABSTRACT

V + V CHAPTER + 146 pages + 9 Tables + 1 Chart + 8 attachments

Pregnancy, childbirth, and postpartum are physiological in the life cycle of women, but the risk of complications persists, the main cause of maternal death is bleeding, one of which is caused by anemia during pregnancy. Anemia in pregnancy is a condition of the mother with a hemoglobin level below 11 gr% in the 1st and 3rd trimester or < levels 10.5 gr% in the 2nd trimester. Anemia can cause premature birth of a baby born with asphyxia and many more.

This type of scientific paper report is a comprehensive upbringing case study. Location in Klinik Pratama AZ Sub District, regency of Cianjur, held from 27 January – 15 March 2020. The subject in this case report is Ny. S, as well as baby Ny. S. Data source in the form of primary data and secondary data.

During the III trimester Pregnancy, Ny. S experiencing mild anemia (10.8 gr%) and discomfort in the form of urination at night and lower back pain. Ny. S is given an upbringing in the form of reducing drinking when bedtime, teaching the mother body mechanical and mobilization for pregnant women. When the delivery process is normal, no complications occur. At the time 3 days post partum Ny. S suffered a decrease in haemoglobin levels into mild anemia (9.8 gr%). And Ibu return to normal rate on 3 weeks postpartum. Ny. S has been a 3-month injectable contraceptopn acceptor on March 14, 2020. During the first 21 days of care no complaints were found on the baby, but on the 28th day of the mother complained of her baby's nose. By. Ny. S is given an upbringing in the form of continuing to give breast milk every 2-3 hours and if continuous then immediately to the doctor.

All the problems found in pregnancy, childbirth, nifas and newborn nursery can be resolved from the evaluation of each visit. Midwives are expected to nurture according to the needs of the client and according to the standard MOPayaandobstetrics.

Keywords: nurture comprehensive obstetrics, Anemia.

Bibliography: 72 Source (2010-2020)