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Bogor Nursing DIII Study Program

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The Application of the Singing Method to Improve the Ability to Wash Hands in
Preschool-aged Children in RW 04 Cilendek Timur

ABSTRACT

Background: Preschool-age children are children in the age range of 3 to 6 years. Where children experience a very important period as the foundation for the growth and development of children for their future. Clean and healthy living behavior must be taught to children as early as possible, so that children can apply it in everyday life such as washing hands. Hand washing is one of the most important procedures in controlling nosocomial infections. Information about washing hands with soap needs to be done by pulling one of them through the singing method. **Objective:** To determine the effect of the application of the singing method on the ability to wash hands in preschool-aged children in East Cilendek RW 04. **Method:** The method used in this case study is descriptive using pretest and posttest observation sheets. **Results:** before educational handwashing using the singing method was carried out, the results were 8 children unable to wash their hands with a percentage of 100% and after being given education on washing hands using the singing method, there were significant results, namely 4 preschool-age children were able to do the 7 steps of washing hands properly by the percentage is 50% and 4 children have not been able to do the 7 steps of washing hands such as the back of the hands, hooking or locking hands, rotating thumbs, and rubbing fingernails. **Conclusion:** Providing hand washing education using the singing method can improve hand washing behavior in children. **Recommendation:** The singing method can be used as an educational medium to improve children's hand washing behavior.

Keywords: Singing method, Ability to wash hands, Preschool age children

Bibliography: 24 sources (2013-2023)