

**POLITEKNIK KESEHATAN KEMENTERIAN KESEHATAN BANDUNG
JURUSAN KEBIDANAN
PROGRAM STUDI DIII KEBIDANAN BANDUNG
LAPORAN TUGAS AKHIR, 2022**

**SALMA MAHFUDZOH TIASWARA PUTRI
P17324119059**

**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY. S DENGAN
PENERAPAN PIJAT OKSITOSIN PADA MASA NIFAS DI PRAKTIK
MANDIRI BIDAN SITI KOMALA KABUPATEN SUBANG**

ABSTRAK

V bab, 135 halaman, 2 tabel, 6 lampiran

Asuhan kebidanan komprehensif merupakan layanan kebidanan berkelanjutan pada perempuan sepanjang masa kehamilan, persalinan, nifas, dan keluarga berencana. Masa nifas adalah masa dimana organ-organ reproduksi wanita kembali ke kondisi normal seperti sebelum hamil. Selama fase nifas terdapat kendala yakni ASI hanya keluar sedikit bahkan tidak keluar sama sekali sehingga bayi kekurangan asupan makannya, berdasarkan hasil survey Kesehatan Rumah Tangga (SKRT) ditemukan alasan ibu tidak memberikan ASI kepada bayi salah satunya produksi ASI kurang atau tidak lancar (32%) dan masalah puting susu (28%). Oleh karena itu asuhan komplementer yang dapat diberikan kepada ibu nifas yaitu pijat oksitosin.

Laporan ini menggunakan jenis studi kasus yang dilakukan secara komprehensif pada Ny. S selama masa kehamilan, persalinan, nifas, dan bayi baru lahir di PMB Bidan S Kabupaten Subang pada bulan April-Mei tahun 2022.

Setelah dilakukannya asuhan kebidanan komprehensif pada Ny. S di PMB Bidan S sejak masa kehamilan, persalinan, nifas, hingga bayi baru lahir asuhan yang diberikan sudah sesuai dengan manajemen bidan dan standar pelayanan kebidanan. Namun terdapat masalah dan kesenjangan antara teori dan praktik yaitu kenaikan berat badan saat hamil tidak mencapai batas minimal yang dianjurkan, pemberian antibiotic pada ibu dengan luka perineum derajat dua, pengeluaran ASI tidak lancar dan pemberian susu formula pada hari pertama kelahiran bayi sampai hari kelima. Pijat oksitosin dilakukan untuk meningkatkan produksi ASI. Konseling pemberian ASI sebaiknya dimulai saat masa kehamilan sehingga persiapan menyusui lebih matang.

Kata kunci: Asuhan Kebidanan Komprehensif, Pijat Oksitosin, ASI

**BANDUNG HEALTH POLYTECHNIC - MINISTRY OF HEALTH
MIDWIFERY DEPARTMENT
DIPLOMA OF MIDWIFERY PROGRAM
SCIENTIFIC PAPER, 2022**

**SALMA MAHFUDZOH TIASWARA PUTRI
P17324119059**

**COMPREHENSIVE MIDWIFERY CARE FOR MRS. S WITH THE
APPLICATION OF OXYTOCIN MASSAGE DURING THE
POSTPARTUM PERIOD IN THE INDEPENDENT PRACTICE OF
MIDWIFE SITI KOMALA, SUBANG REGENCY**

ABSTRACT

V chapter, 135 pages, 2 tables, 6 attachmentss

Comprehensive midwifery care is a continuous midwifery service for women throughout pregnancy, childbirth, postpartum, and family planning. Postpartum is a period when a woman reproductive organs return to their normal state. During the puerperium phase there are challenges that a mother may faced, namely the little to none amount of mother's milk that is produced so the baby lacks food intake, based on the results of the Household Health Survey (SKRT) it was found the reasons mothers didn't give breast milk to their babies were the production of breast milk was less or not smooth (32%) and nipple problems (28%). Therefore, complementary care that can be given to postpartum mothers is oxytocin massage.

This report uses case study that was carried out comprehensively on Mrs. S during pregnancy, childbirth, postpartum, and newborn at PMB Midwife S Subang Regency on April-May 2022.

The care of Mrs S at PMB S was provided in accordance with midwife management and midwifery service standards. However, there were several problems and dissimilarity between the theories and actual practices, namely weight gain during pregnancy didn't reach the recommended minimum, antibiotics were given to mothers with second-degree perineal injuries and breastfeeding problem. Baby were given baby formula milk from the first day of birth until the fifth day. Oxytocin massage were performed to increase breast milk production. Breastfeeding counseling should begin since pregnant period so that breastfeeding preparation well prepared.

Keywords: Comprehensive Midwifery Care, Oxytocin Massage, Breastfeeding.