

**POLITEKNIK KESEHATAN KEMENTERIAN KESEHATAN BANDUNG
JURUSAN KEBIDANAN BANDUNG
LAPORAN TUGAS AKHIR, MEI 2022**

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**ASUHAN KEBIDANAN KOMPREHENSIF PADA NY.W DENGAN
PENERAPAN *EFFLEURAGE MASSAGE* DI WILAYAH KERJA
PUSKESMAS PALASARI KABUPATEN SUBANG TAHUN 2022**

V Bab+229 Halaman+10 Lampiran

ABSTRAK

Bidan adalah tenaga kesehatan yang profesional dan akuntabel, bekerja sebagai mitra perempuan, dan memberikan asuhan komprehensif. Kehamilan dan persalinan adalah peristiwa fisiologis yang memungkinkan serangkaian perubahan, salahsatunya nyeri persalinan. Manajemen nyeri non farmakologi *Effleurage Massage* terbukti memberikan manfaat dalam pengurangan nyeri persalinan. Tujuan penulisan laporan ini yaitu dapat menerapkan manajemen asuhan kebidanan secara komprehensif sesuai standar asuhan kebidanan dengan penerapan *Effleurage Massage* pada persalinan kala 1 fase aktif.

Laporan ini menggunakan metode studi kasus dengan teknik pengumpulan data primer dan sekunder. Asuhan dilakukan di PMB Bidan I Desa Palasari, Kecamatan Ciater, Kabupaten Subang sejak 29 Maret 2022 hingga 27 Mei 2022 yaitu saat usia kehamilan 36 minggu hingga nifas dan neonatus.

Pada Asuhan kehamilan ditemukan ketidaknyamanan sakit punggung dan his palsu. Proses persalinan berlangsung normal dan diberikan asuhan *Effleurage Massage* pada kala I fase aktif, terdapat pengurangan rasa sakit dari skala 8 menjadi skala 5. Asuhan nifas ditemukan masalah puting lecet dan produksi ASI berkurang, diberikan penatalaksanaan yang sesuai. Masalah yang ditemukan pada bayi yaitu pertambahan berat badan kurang. Bayi mendapat imunisasi HBO, BCG, dan polio 1.

Permasalahan yang dialami klien dapat diatasi, sebaiknya bidan dapat memberikan asuhan komprehensif yang berkualitas dan asuhan komplementer yang mendukung kebutuhan klien sesuai dengan kewenangan dan aturan profesi yang berlaku.

Kata kunci : Asuhan Kebidanan Komprehensif, *Effleurage Massage*
Sumber: (2004-2022)

**BANDUNG HEALTH POLYTECHNIC MINISTRY OF HEALTH
BANDUNG, MIDWIFERY DEPARTMENT
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**COMPREHENSIVE MIDWIFE CARE IN NY.W WITH THE
IMPLEMENTATION OF EFFLEURAGE MASSAGEIN THE WORK AREA
OF PALASARI PUBLIC HEALTH, SUBANG IN 2022**

V Chapter+229 pages+10 attachments

ABSTRACT

Midwives are professional and accountable health providers, work as women's partners, and provide comprehensive care. Pregnancy and childbirth are physiological events that allow a series of changes, one of which is labor pain. Non-pharmacological pain management Effleurage Massage has been shown to provide benefits in reducing labor pain. The purpose of writing this report is to be able to implement comprehensive midwifery care management according to midwifery care standards with the application of Effleurage Massage in active phase 1 labor.

This report uses a case study method with primary and secondary data collection techniques. The care was carried out at PMB Midwife I in Palasari Village, Ciater District, Subang Regency from March 29, 2022 to May 27, 2022, from 36 weeks of pregnancy to postpartum and newborns.

In pregnancy care found back pain discomfort and false his. The labor process took place normally and was given Effleurage Massage care in the first stage of the active phase, there was a reduction in pain from a scale of 8 to a scale of 5. Postpartum care found sore nipples and reduced milk production, given appropriate management. The problem found in infants is less weight gain. Babies received HBO, BCG, and polio 1 immunizations.

The problems experienced by the client can be overcome, the midwife should be able to provide quality comprehensive care and complementary care that supports the client's needs in accordance with the authority and applicable professional rules.

Keywords: Comprehensive Midwifery Care, Effleurage Massage

Sources: (2004-2022)