

**MINISTRY OF HEALTH POLYTECHNIC, BANDUNG MIDWIFE STUDY  
PROGRAM BOGOR FINAL PROJECT REPORT, MAY 2022**

**SINDI LAILA NUR CAHYANI  
NIM : P17324219065**

***Pregnancy Midwifery Care for Mrs. L, 28 years old, G3P2A0, 36 weeks  
gestation, at PMB Midwife I  
I-VI CHAPTER, 60 pages, 3 tables, 7 attachments***

**ABSTRACT**

*The success of maternal health programs can be assessed through the main indicators of the Maternal Mortality Rate (MMR). Every woman has the right to receive maternal health services to achieve a healthy and quality life and reduce maternal mortality. Efforts are made in accordance with the "continuum of care" life cycle approach, starting from the pre-pregnancy period, during pregnancy, childbirth, to the post-natal period. The purpose of this care is to provide obstetric care for Mrs. L, 28 years old, G3P2A0, 36 weeks gestation, at PMB Midwife I, Bogor City.*

*The method of writing this final report uses a case report method with a midwifery management approach and documentation in the form of SOAP. Data collection techniques were obtained through interviews, physical examinations, observations, documentation studies, and literature studies.*

*Subjective data from Mrs. L, 28 years old, pregnant with her third child, never miscarried, First Day of Last Menstruation: June 15, 2021. Mother came with complaints of vaginal discharge, frequent urination, feeling anxious. Objective data obtained are good maternal condition, composmentis awareness, BP 110/60mmHg, pulse 80x/minute, temperature 36.4 °C, respiration 20x/minute, TFU 31cm, palpable buttocks difundus, left back, right extremity and lower part of the head has not entered PAP. . The analysis obtained is that Mrs. L, age 28 years, G3P2A0, 36 weeks gestation, cephalic presentation. The management provided by Adela informs the mother and family of the results of the examination, informs the mother of discomfort and how to handle it, suggests the implementation of personal hygiene, provides psychological support to mothers, explains maternal nutrition, educates mothers and families about exclusive breastfeeding, informs about danger signs that need to be watched out for. , reminding mothers not to forget to use contraception after giving birth, giving supplements and how to take them as well as when for repeat visits.*

*After four pregnancy visits, it was found that the mother's condition was good, the development of the fetus was appropriate, the program had played a role and the mother was able to adjust to the discomfort she experienced. Suggestions for clients and families are expected that clients and families can understand and get appropriate care.*

**Keywords: Antenatal, Midwifery, Pregnancy  
Bibliography : 17 (2008-2022)**