

Politeknik Kesehatan Kementerian Kesehatan Bandung

Program Studi DIII Keperawatan Bogor

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Penerapan Prosedur Inisiasi Menyusui Dini (IMD) Terhadap Kelancaran Pengeluaran ASI pada Ibu Post Partum Normal di Klinik Nurida Husada Kota Bogor

i-xii+58 Halaman, V Bab, 10 Tabel, 1 Gambar, 10 Lampiran

## ABSTRAK

Inisiasi menyusui Dini adalah proses membiarkan bayi langsung menyusui setelah kelahirannya, dengan cara bayi ditengkurapkan pada dada sampai perut ibu dengan kulit bayi melekat pada kulit ibu. kepala bayi sejajar setinggi puting susu ibu selama 1 jam bayi menyusui awal. **Tujuan** mengetahui gambaran penerapan prosedur Inisiasi Menyusui Dini (IMD) terhadap kelancaran pengeluaran ASI pada ibu post partum normal di Klinik Nurida Husada Kota Bogor. **Metode** studi kasus dengan desain penelitian deskriptif. Pengambilan sampel menggunakan lembar observasi Inisiasi menyusui dini dan lembar kuesioner kelancaran pengeluaran ASI “*Skor LATCH*” dengan jumlah 3 responden. **Hasil** dari penelitian ini terdapat peningkatan kelancaran pengeluaran ASI. Ny.E sebelum nilai 4 (kurang lancar) setelah nilai 9 (sangat lancar), Ny.L sebelum nilai 5 (kurang lancar) setelah nilai 9 (sangat lancar), Ny.D sebelum nilai 5 (kurang lancar) setelah nilai 9 (sangat lancar) terjadi peningkatan pengeluaran ASI setelah penerapan Inisiasi menyusui dini. **Kesimpulan** penerapan Inisiasi menyusui dini terbukti dapat meningkatkan kelancaran pengeluaran ASI pada ibu post partum. **Rekomendasi** penerapan prosedur IMD dapat dijadikan salah satu rekomendasi untuk kelancaran pengeluaran ASI

Kata Kunci : Inisiasi Menyusui Dini (IMD), ASI, ibu post partum

Daftar Pustaka : 30 Sumber (2008-2021)

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Application of Early Breastfeeding Initiation Procedure to the Smooth Release of Breast Milk in Normal Post Partum Mothers at the Nurida Husada Clinic, Bogor City.

i-xii+58 Pages, V Chapters, 10 Tables, 1 Picture, 10 Attachment

## ABSTRACT

Early initiation of breastfeeding is the process of allowing the baby to breastfeed immediately after birth, by placing the baby on the chest to the mother's stomach with the baby's skin attached to the mother's skin. the baby's head is at the level of the mother's nipple for 1 hour of early feeding. **Objective** of knowing the picture Application of Early Breastfeeding Initiation Procedure to the Smooth Release of Breast Milk in Normal Post Partum Mothers at the Nurida Husada Clinic, Bogor City. **Method** case study with descriptive research design. Sampling used an observation sheet for early initiation of breastfeeding and a breast milk fluency questionnaire "Score LATCH" with 3 respondents. **Results** The results of this study showed an increase in the smooth flow of breast milk. Mrs. E before grade 4 (substandard) after grade 9 (very fluent), Mrs. L before grade 5 (substandard) after grade 9 (very fluent), Mrs. D before grade 5 (substandard) after grade 9 (very fluent) there was an increase in the smooth flow of breast milk after the implementation of early initiation of breastfeeding. **Conclusion** the application of early initiation of breastfeeding is proven to increase the smoothness of breastfeeding in post partum mothers. **Recommendation** the application of early breastfeeding initiation procedures can be used as one of the recommendations for smooth breastfeeding

Keywords : Early initiation of breastfeeding, Breast milk, Post partum mother

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