

Bandung Health Polytechnic  
Bandung Nursing Department  
Bandung Nursing Study Program  
Bandung, 2022 June 03  
Maharatu Qori, P17320119064

**NURSING CARE FOR STROKE PATIENTS WITH THE  
APPLICATION OF PASSIVE ROM TO INCREASING THE  
PATIENT PHYSICAL MOBILITY  
RSUD CIBABAT 2022**

**ABSTRACT**

IX, 176 pages, 5 chapters, 2 charts, 4 tables, 8 attachment

Stroke sufferers usually experience weakness on one side of the body, causing impaired physical mobility. Handling of physical mobility disorders is by using Range Of Motion (ROM) exercises to maintain and improve joint movement and muscle strength. The purpose of this case study is to increase the physical mobility of stroke patients with the application of passive Range Of Motion (ROM) in Cibabat Hospital, Cimahi City. This case study uses a descriptive method by taking 2 infarct stroke patients with impaired physical mobility. Passive Range Of Motion (ROM) exercises were performed 2 times a day for 5 days for each patient. The result is that there is an increase in left extremity muscle strength in both patient 1 and patient 2. Conclusion: Passive Range Of Motion (ROM) measures increase the patient's physical mobility. Recommendation: the patient's family can apply passive Range Of Motion (ROM) exercises to the patient.

Keywords: Stroke, physical mobility, passive Range of motion (ROM)  
Bibliography : 23 (2013-2021), (12 books, 8 journals, dan 4 website)