

## **CURICULLUM VITAE**

Nama : Prof. Dr. A. Purba, dr.,M.Sc.,AIFO  
Tempat Tanggal Lahir : Medan, 7 April 1947  
Pangkat : Pembina Utama/ IVE  
Jabatan : Guru Besar, TMT 4 Desember 2003  
NIP : 19470407 1975 011 001  
Alamat Rumah : Jl. Padasuka Pasirlayung Barat II No. 64 Bandung  
Alamat Kantor : UNPAD Jl. Raya Bandung Sumedang

### **PENDIDIKAN FORMAL**

- Mendapat Pendidikan Sports Medicine di Jerman : Tahun 2002
- Fakultas Pascasarjana Program Doktor (S3)  
Bidang Sports Medicine Universitas Padjadjaran : Lulus Tahun 1995
- Fakultas Pascasarjana Program Magister (S2)  
Bidang Sports Medicine Universitas Padjadjaran : Lulus Tahun 1990
- Fakultas Kedokteran Unpad Bandung : Lulus Tahun 1977
- Sekolah Menengah Atas Katholik Balige : Lulus Tahun 1965
- Sekolah Menengah Pertama Katholik Lintongnihuta : Lulus Tahun 1962
- Sekolah Rakyat Doloksangul : Lulus Tahun 1959

### **PENGHARGAAN YANG PERNAH DIPEROLEH**

- Terpilih sebagai Maha Guru dari Universitas Padjadjaran 2015
- Peneliti Terbaik di Bidang Olahraga oleh Dispora Jabar, tahun 2013
- Kepala Bagian Ilmu Faal Fakultas Kedokteran Universitas Padjadjaran 2006-2010.
- Ketua Sertifikasi Dosen Fakultas Kedokteran Universitas Padjadjaran.
- Dosen Teladan I tingkat Fakultas Kedokteran Unpad  
SK. Nomor : 2293/PT/H4.FK/C/1990 Tanggal 9 Juni 1990
- Dosen Teladan I Tingkat universitas Padjadjaran Bandung  
SK. Nomor : 68/PT.06H/Kep/CI1990 Tanggal 25 Juni 1990
- Lima Belas Finalis Dosen Teladan I Tingkat Nasional  
SK. Nomor : 431/D3.1/U/1990 Tanggal 27 Agustus 1990

- Piagam dan Penghargaan Kepada Yang dianggap Berjasa dan Berprestasi Bagi pengembangan Sekolah Tinggi Bahasa Asing STBA Yapari Bandung  
SK. Nomor : 470ISK/STBA/YPI/X/1993
- Piagam Penghargaan Tingkat Nasional Perintis Geriatri Departemen Kesehatan RI SK. No. 900/MENKES/SK/VIII/98
- Piagam Penghargaan Satya Karya Bhakti dari Universitas Padjadjaran SK.No.996/J.06/KEP/KP/99

#### ORGANISASI PROFESI

- *Peer Reviewer Journal of Medicine and Health* 2016
- Ketua Umum Perhimpunan Ahli Ilmu Faal Olahraga Indonesia (PAIFORI) periode tahun 2014-2019.
- Ketua Dewan Pembina Perhimpunan Ahli Ilmu Faal Olahraga Indonesia (PAIFORI) periode 2009-2014
- Ketua Umum Ikatan Ahli Ilmu Faal (IAIFI) Periode 2008-2011
- Ketua Umum Ikatan Ahli Ilmu Faal (IAIFI) Periode 2004-2008
- Ketua Bidang *Sports Medicine* KONI Jawa Barat periode 2014-2018
- Ketua Bidang *Sports Medicine* KONI Jawa Barat periode 2010-2014
- Ketua Bidang *Sports Medicine* KONI Jawa Barat periode 2002-2006
- Ketua BKOM Jabar (Balai Kesehatan Olahraga Masyarakat) Tahun 2002 – 2004
- Ketua Bidang Sports Medicine KONI Jawa Barat periode 1998-2002
- Pengurus Yayasan Jantung Indonesia Cabang Utama Jawa Barat Tahun 1985 sampai dengan sekarang.
- Ketua Ikatan Ahli Ilmu Faal Indonesia periode 1998– 2002
- Ketua Klub Jantung Sehat Siliwangi Tahun 1995 – 1998
- Ketua Tim Medis Klub Jantung Sehat Universitas Padjadjaran Bandung
- Sekretaris Umum Ikatan Ahli Ilmu Faal Indonesia periode 1994 – 1998
- Ikatan Dokter Indonesia (IDI) Sejak Tahun 1977
- Ikatan Ahli Ilmu Faal (IAIFI) Sejak Tahun 1977
- Korps Pegawai Negeri (KORPRI) Sejak Tahun 1977
- PPKORI Sejak Tahun 1985

<b>NO</b>	<b>TINGKAT JURNAL</b>	<b>TAHUN TERBIT</b>	<b>NAMA JURNAL</b>	<b>JUDUL JURNAL</b>
<b>1</b>	<b>INTERNASIONAL</b>	1. 2017	<i>Advance in Biomolecular Medicine</i>	<i>Fat mass profile in early adolescence: Influence of nutritional parameter and rs9939609 FTO polimorphism</i>
		2. 2017	<i>Advance in Biomolecular Medicine</i>	<i>Correlation of physical activity and energy balance with physical fitness among the professor of the University Padjadjaran</i>
		3. 2017	<i>1<sup>st</sup> Annual Applied Science and Engineering Conference</i>	<i>Regulation of thyroid hormone signaling by different training intensity and its correlations with skeletal muscle adaptation in Rat</i>
		4. 2017	<i>1<sup>st</sup> Annual Applied Science and Engineering Conference</i>	<i>Essential Role of serum calcium for muscle strength in football athletes</i>
		5. 2017	<i>Proceeding Book 2<sup>nd</sup> Molecular, Cellular and Life Science</i>	<i>Effect of Nutmeg Extract on MyoD and Pax7 gene Expression in Soleus and Gastrocnemius Muscle of Aging Rat</i>
		6. 2017	<i>Proceeding Book 2<sup>nd</sup> Molecular, Cellular and Life Science</i>	<i>Effect of Swimming Exercise to Cardiac PGC-1<math>\alpha</math> Gene Expression in Mice</i>
		7. 2017	<i>Proceeding Book 2<sup>nd</sup> Molecular, Cellular and Life Science</i>	<i>Aerobic Exercise Induces Dopamine Receptor (DR) Type</i>

				<i>IA, IB and Brain Derived Neurotropic Factor (BDNF) mRNA Expression</i>
		8. 2016	<i>Proceeding Book 1<sup>st</sup> ICSSHPE</i>	<i>The effect of Astaxanhin and regular training on dynamic pattern of oxidative stress on male under strenuous exercise</i>
		9. 2016	<i>Proceeding Book 1<sup>st</sup> ICSSHPE</i>	<i>Physical inactivity among the the professor and its relations to metabolic syndrome</i>
		10. 2016	<i>Proceeding Book 1<sup>st</sup> ICSSHPE</i>	<i>The Difference of The Effectiveness Enduracem Exercise and Conventional Exercise to Acid base balances of the sprinter</i>
		11. 2016	<i>Chinese Journal of Clinical Nutrition</i>	<i>Nutritional status.energy and fiber intake as cardiometabolic risk factor in stanting adolescent</i>
		12. 2015	<i>International Journal of Science and Research (IJSR)</i>	<i>The Effect of Exercise Phase Preparation Combination Special of Sport Massage towad Resistance of Muscle, Flexibility and Explosive Power of Muscle on Students Non Athlete</i>
		13. 2014	<i>3<sup>rd</sup> Bandung International</i>	<i>The Effect of Interval Training on Adiponectin Levels,</i>

			<i>Biomolecular Medicine Conference</i>	<i>IL-6 an Lee Index in Obese Wistar Rats: Slow and Fast Type of Interval Versus Continuous</i>
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		14. 2014	<i>International Journal of Development Research (IJDR)</i>	<i>The effectiveness of Flavonoid and Terpenoid Isolate Sarang Semut (<i>Myrmecodia pendens</i> Merr &amp; Perry) Againts Phorphyromonas gingivalis ATCC 33277</i>
		15. 2014	<i>APCHI-Ergofuture- PEI-IAIFI 2014</i>	<i>Efek Interval Training Terhadap Percepatan Berat Badan, Kadar Adiponektin, IL-6 dan Nilai Indeks Lee pada Tikus Model Obesitas: Interval Training Tipe Cepat dan Tipe Lambat Dibandingkan Continuous Training</i>
		16. 2013	<i>Biomedical &amp; Pharmacology Journal, Publised by ORIENTAL SCIENTIFIC PUBLISHING Co. India</i>	<i>The Difference of Periodontology, Faculty of Dentistry, University of Syiah Kuala, Banda Aceh, Indonesia</i>
		17. 2012	<i>International Seminar on Physiology</i>	<i>Periodization of Training for Athlete</i>
		18. 2010	<i>The 20<sup>th</sup> International Meeting of Physiology</i>	<i>Sport Physiology Workshop</i>
		19. 2009	<i>Workshop Internasional Institut Pertanian Bogor</i>	<i>The Holistic interaction between living organisms</i>

				<i>and environment for better quality of living</i>
		20. 2003	<i>FPOK UPI</i>	<i>Sports Science and Physical Education Development in Facing Global Challenges</i>

		21. 2001	Seminar Internasional Ergonomi dan Sports Physiology di Universitas Udayana Denpasar – Bali	Komposisi Pemasukan Dan Penggunaan Kh, Lemak Dan Protein Pada Pelari Jarak Jauh
		22. 2001	Seminar Internasional Ergonomi dan Sports Physiology di Universitas Udayana Denpasar – Bali	Perbedaan pengaruh latihan <i>progressive resistance exercise</i> menurut Fiatarone dan Delorme terhadap kekuatan otot ekstensor lutut dan keluhan latihan pada wanita lanjut usia
		23. 2001	Seminar Internasional Ergonomi dan Sports Physiology di Universitas Udayana Denpasar – Bali	Pengaruh latihan fartlek dan interval training terhadap komposisi tubuh, kecepatan, daya tahan jantung paru dan kelelahan subyektif
2	<b>NASIONAL</b>	1. 2017	Jurnal Penelitian Gizi dan Makanan	Hubungan Pengukuran Lemak Subkutan dengan Indeks Massa Tubuh pada Laki-laki Usia Lanjut
		2. 2016	Jurnal Gizi Klinik Indonesia	Status Gizi, Asupan Energi Dan Serat Sebagai Faktor

				Resiko Kardiometabolik pada Remaja Pendek
		3. 2016	<i>ALTHEA Medical Journal</i>	<i>Relationship between Short Term Memory and Cardiopulmonary Fitness of Administrative Officers at University Padjadjaran</i>

		4. 2015	Prosiding Kongres Nasional IAIFI XVI	Latihan Aerobik Intensitas Ringan pada Sore Hari Lebih Menurunkan Resiten dan Insulin Plasma pada Tikus Model Obesitas
		5. 2015	Prosiding Kongres Nasional IAIFI XVI	<i>Immunoluorecence</i> sebagai metode histology untuk analisis jumlah dan morfologi sel di jaringan serebelum pada mencit
		6. 2015	Prosiding Kongres Nasional IAIFI XVI	Pengaruh Pemberian Stroberi dan Aktivitas Fisik Ringan terhadap aktivitas SOD, kadar insulin dan gula darah tikus model diabetes mellitus
		7. 2015	Prosiding Kongres Nasional IAIFI XVI	<i>Recovery</i> Asam Laktat Setelah Latihan pada Atlet Cabang Olahraga Softball

		8. 2015	Prosiding Kongres Nasional IAIFI XVI	Profil Kondisi Fisik Atlet Senam Pelatda KONI Jabar yang dipersiapkan untuk PON XIX 2016 Jabar
		9. 2015	<i>ALTHEA Medical Journal</i>	<i>Physical Fitness of Cleaners in Faculty of Medicine Universitas Padjadjaran, November 2012</i>
		10. 2015	<i>ALTHEA Medical Journal</i>	<i>Physical Profile of West Java Taekwondo Athletes for Pekan Olahraga Nasional XVIII Riau</i>
		11. 2015	<i>ALTHEA Medical Journal</i>	<i>Physical Performance of West Java Soccer Athletes during February to December 2012</i>
		12. 2014	<i>ALTHEA Medical Journal</i>	Efektivitas Latihan <i>Incentive Spirometry</i> dengan Latihan Pernapasan Diafragma terhadap Fungsi Paru, Kapasitas Fungsional dan Kualitas Hidup Penderita Asma Bronkial Alergi
		13. 2012	F.K Universitas Padjadjaran	<i>The role of exercise physiology in health and illness</i>
		14. 2011	Kementerian Pemuda dan Olahraga	Seminar Proposal Penelitian Keolahragaan 2012
		15. 2011	Tara Nature Epa	Pencegahan Dini Penyakit Jantung dan Stroke dengan Pola hidup sehat dan Nutrisi yang Sehat



		16. 2011	Tara Nature Epa	Mengoptimalkan Fungsi otak kiri dan kanan dengan nutrisi dan pola asuh yang tepat
		17. 2011	IKA Unpad	Hidup sehat dan bugar dengan olahraga
		18. 2010	Puriasih Hospital, Karawang	Metode Mutakhir untuk pencegahan dan rehabilitasi penderita penyakit jantung koroner
		19. 2010	Majalah Ilmu Faal Indonesia	<i>Correlation characteristic Physiology (Systole, Diastole, EKG) and VO2 max with Bone Density among Menopausal Women with and Without Regular Exercise</i>

		20. 2010	Majalah Ilmu Faal Indonesia	<i>Myioglobin Gene Expression of Soleus Gastrocnemius and Cardiac Muscle after Aerobic and Anaerobic Exercise in Wistar Rat</i>
		21. 2009	KONI Kabupaten Bekasi	Pencegahan dan penatalaksanaan cedera olahraga pada atlet
		22. 2008	IAIFI Cabang Medan	Peran Ilmu Faal dalam penyusunan program latihan
		23. 2008	IAIFI Cabang Medan	<i>Role of physiology in enhancing athlete's performance</i>
		24. 2006	KONI Kalimantan Timur	Sosialisasi dan dialog terbuka penerapan ilmu

				olahraga bagi pelatih
		25. 2008	Pascasarjana UNPAD	Sports Massage
		26. 2008	Pascasarjana UNPAD	Pelatihan Massage untuk terapi Cedera, Ibu Hamil dan Bayi
		27. 2008	STIKES RS Borromeus	Sukses dengan keseimbangan kecerdesan, intelektual dan emosional
		28. 2008	<i>National Scientific Meeting of Indonesian Ergonomic Society</i>	<i>Nutrition for Athlete</i>
		29. 2008	KONAS XIII IAIFI	Peran ilmu faal dalam penyusunan latihan bagi non atlet dan periodisasi latihan bagi atlet
		30. 2008	KONAS XIII IAIFI	<i>Role of physiology in enhancing athlete's performance</i>
		31. 2007	Seminar Nasional IAIFI XVI	Upaya meningkatkan kualitas hidup lansia
		32. 2006	KONI Kota Bogor	Penyegaran pelatih cabang olahraga

		33. 2004	KONI Pusat	Olahraga dan pembangunan bangsa
		34. 2002	FK UNPAD	Meningkatkan kualitas hidup lansia
		35. 2002	BDX-BDGI Bandung	Aplikasi perkembangan IPTEK dalam upaya meningkatkan kualitas pelayanan kesehatan gigi dan mulut
		36. 2002	Seminar Nasional "Sertifikasi Pelatihan Pelatih Karate Tingkat Nasional"	Peran sports medicine untuk meningkatkan prestasi atlet karate

		37. 2002	Seminar Nasional “Sertifikasi Pelatihan Pelatih Karate Tingkat Nasional”	Cedera dalam olahraga Karate
		38. 2002	Seminar Nasional “Sertifikasi Pelatihan Pelatih Karate Tingkat Nasional”	Peranan Makanan untuk menunjang Prestasi atlet karate
		39. 2002	Seminar Nasional “Sertifikasi Pelatihan Pelatih Karate Tingkat Nasional”	Tahapan pemberian zat gizi untuk atlet karate sesuai periodisasi latihan
		40. 2002	Seminar Nasional “Sertifikasi Pelatihan Pelatih Karate Tingkat Nasional”	Penentuan takaran latihan atlet karate berdasarkan denyut nadi laktat conconi
		41. 2001	Dies Natalis Fakultas Kedokteran UNPAD	Olahraga terukur, terprogram dengan baik dapat meningkatkan kebugaran jasmani dan mencegah cedera pada usia lanjut
		42. 2001	Simposium “ Meningkatkan Kewaspadaan Dini terhadap Stroke” di UNPAD	Pencegahan stroke dan Rehabilitasi Penderita Stroke


		43. 2001	KONI Kota Bandung	Bahaya penggunaan Doping pada Olahraga Prestasi
		44. 2001	FK UNPAD	Studi Banding kedokteran Olahraga di Berlin Jerman
		45. 2001	MENPORA	Dampak likuidasi kantor Menpora terhadap pembinaan olahraga nasional
		46. 2001	BKOM	Penanganan kegawatan dan cedera dalam olahraga

		47. 1999	Bagian Faal FK UNPAD	Penanggulangan Kegemukan, Kolesterol dan trigliserid tinggi melalui olahraga dan diet
		48. 1998	Majalah Ilmiah UNPAD	Profil penggunaan dan Komposisi Pemasukan Sumber Energi Selama 5 hari latihan dan 2 hari istirahat pelari jarak jauh pada musim latihan persiapan
<b>3</b>	<b>REGIONAL</b>	1. 2010	<i>Shoulder sport injury</i>	<i>Oxidative stress in exercise regimen</i>
		2. 2010	<i>Shoulder sport injury</i>	<i>Secondary prevention in some sports injuries</i>
		3. 2002	<i>Scientific Congress Federation Of Asian &amp; Oceanian Physiological Societies (FAOPS)</i>	<i>The correlation between the performance of 5000-M runner and blood lactic acid, blood pH, rectal temperature and hot temperature in tropical environment</i>

		4. 2002	MKB	<i>Maximalisation in Performance of Long Distance Jumper and Explosive Power of Lower Extrimity Muscle through Exercise of Long-Distance Jumping with Hurdle and Load-Vest</i>
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		5. 2002	MKB	<i>Intake and Utility Composition of Carbohydrate, Lipid and Protein in Long-Distance Runner During Weekly Training Period</i>
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**Bandung, 06 Februari 2021**



**Prof. Dr. A. Purba, dr.,M.Sc.,AIFO**

## CURRICULUM VITAE

Name	:	<b>Prof. Dr. Hj. Lucky Herawati, SKM, MSc</b>
Place and Date of Birth	:	Surabaya, 8 August 1953
Position	:	Professor in Public Health Education <b>1 April 2018</b>
Address	:	Ds. Kwarasan, RT 01/04, Gg: Kacer, Number 13, Nogotirto, Gamping, Sleman, Yogyakarta, Indonesia, Postcode 55292
Mobile Phone Number	:	+62813 92 4141 53 +62822 43 8888 71
NIDN	:	4008085301
NIP	:	195308081973032001
E-mail	:	<a href="mailto:lucky08081953@gmail.com">lucky08081953@gmail.com</a> or <a href="mailto:Dok031204@Yahoo.co.id">Dok031204@Yahoo.co.id</a>

### 1. EDUCATION:

Certificate Years	
2005	: Doctor in Education Research and Evaluation, Postgraduate Program, Yogyakarta State University
1991	: Master in Public Health majoring Education of Health and Behavioural Science, Postgraduate Program, University of Indonesia
1986	: Bachelor in Public Health majoring Education of Health and Behavioural Science, The Faculty of Public Health, University of Indonesia
1974	: Bachelor in Health Inspector, Academy of Health Inspector, Surabaya

## 2. ACADEMIC ACHIEVEMENTS:

Year	: Academic Achievements
2018	: First Professor in Health Polytechnic in Indonesia The Field of Expertise: Public Health Education, by the Minister of Health of the Republic of Indonesia
2005	: Doctor Graduate with cum laude Predicate, Doctoral Program of the Yogyakarta State University
1991	: The best graduate in Postgraduate Program in the Study Program of Public Health of the University of Indonesia
1986	: The best graduate of the Faculty of Public Health of Indonesia University
1986	: Champion of National Competition on Innovative Productive Works (LKIP)

## 3. EXPERIENCES ON STRUCTURAL POSITION:

Year	: Structural Position
1975-1979	: The Head of School Health Affair Department, Health Office of Yogyakarta
1983-1984	: The Head of Research Department, Akademi Penilik Kesehatan Teknologi Sanitasi (APK-TS) Health Department, Yogyakarta
1986-1988	: The Head of Operational Section in Environment Health Academy/ Associate Degree of Health Education (PAM-SKL) Health Department, Yogyakarta
1991-1995	: The Head of Monitoring Section of Health Staff and Facilities Health Department, DIY
1995-1996	: The Head of Sub-Department of Employee Affair, Health Department, DIY

1996-1997	:	The Head of Education and Training Department, DR Sardjito Hospital, Yogyakarta
1998-2001	:	Director of Environment Health Academy, Health Department, Yogyakarta
2006-2010	:	Director of Yogyakarta Health Polytechnic of Ministry of Health.
2010-2014	:	Director of Yogyakarta Health Polytechnic of Ministry of Health.

4. TEACHING / EXPERIENCES: SUPERVISING/ EXAMINING EXPERIENCES:

Universities	Subjects	Education Level
1. Yogyakarta Health Polytechnic of Ministry of Health	- Research Methodology	- Diploma 3
	- Biostatistic	- Diploma 4
	- Promotion of Health,	
	- Public Health Empowerment	
2. Semarang Health Polytechnic of Ministry of Health	- Research Methodology	- Applied Science Magister (S2)
	- Health Statistic	
3. Postgraduate Program of Public Health Science (FKKMK), Gajah Mada University (especially	Research Methodology	Master Program (S2)



Environment Health)		
4. STIKES Guna Bangsa Yogyakarta	- Research Methodology	Master Program (S2)
	- Health Statistic	
5. Yogyakarta State University	- Research Methodology	Master Program (S2)
6. Universitas Alma Atta	- Health Environment	Master Program (S2)

#### 5. SUPERVISING AND EXAMINING EXPERIENCE

Supervising and examining experience	level of the scientific works
1. Postgraduate Program of Public Health Science (FKKMK), Gajah Mada University (Public Health Study	Thesis and Dissertation
2. STIKES Guna Bangsa	Thesis
3. Yogyakarta State University	Dissertation

6. PUBLICATIONS OF SCIENTIFIC WORKS (BOOKS AND JOURNALS)

The year of the publication	Title	<b>Books</b>
2020	Menulis Jurnal Ilmiah, Tip dan Trik mempersiapkan manuskrip	Penerbit: Fakultas Kedokteran Gigi Universitas Trisakti ISBN 978-979-506-030-7, vol 1,
2019	Strategi Pengembangan Penelitian Kesehatan Berbasis Artikel Jurnal	Penerbit: Poltekkesjogja Press, Vol 1.

The year of the publication	Title	<b>Journal</b>
2015	The Use of Earthworms and the Length of Time in Composting Household Organic Waste ( <i>Penggunaan Cacing Tanah dan Lama Waktu Pengomposan Sampah Organik Rumah Tangga</i> )	Public Health Journal, volume 9, number. 4, page 62-66. ISSN 1907-7505, edition: November 2015. Publisher: University of Indonesia. <a href="http://journal.fkm.ui.ac.id/kesmas/search/authors/view?firstName=Lucky&amp;middleName=&amp;lastName=Herawati&amp;affiliation=Polytechnic%20of%20Health%20of%20Yogyakarta%2C%20Yogyakarta&amp;country=ID">http://journal.fkm.ui.ac.id/kesmas/search/authors/view?firstName=Lucky&amp;middleName=&amp;lastName=Herawati&amp;affiliation=Polytechnic%20of%20Health%20of%20Yogyakarta%2C%20Yogyakarta&amp;country=ID</a>
2016	Aerobic Gymnastic, Fitness, Anxiety, Academic Grade of Health Diploma from Remote Area in Indonesia (First Author)	International Journal of Science and Research, volume 5, number 7, page 1848-1852, Edition: July 2016, ISSN online 2319-7064. Publisher: International Journal of Science and Research. <a href="http://eprints.poltekkesjogja.ac.id/33/2/ART2016569%281%29.pdf">http://eprints.poltekkesjogja.ac.id/33/2/ART2016569%281%29.pdf</a>
	Housewives' Compliance in Reading Food Labels in	Journal, volume 10, number 4, May 2016. ISSN 1907-7505, Publisher: University of Indonesia.

	Gorontalo. National Public Health	<a href="http://journal.fkm.ui.ac.id/kesmas/article/view/639">http://journal.fkm.ui.ac.id/kesmas/article/view/639</a>
	Jayapura Teenagers Smoking Behaviours (First Author)	Journal of Community Health (ISSN 0094-5145 print and 1573-3610 Online). Published online 4 August 2016.  <a href="https://link.springer.com/article/10.1007/s10900-016-0232-4">https://link.springer.com/article/10.1007/s10900-016-0232-4</a>
	Environmental, Behaviour Factors and Filariasis Incidence in Bintan District Riau Island Province	National Public Health Journal, volume 11, number 1, Augusts 2016, ISSN 1907-7505. Publisher: University of Indonesia.  <a href="http://journal.fkm.ui.ac.id/kesmas/article/view/546">http://journal.fkm.ui.ac.id/kesmas/article/view/546</a>
2017	Parent Educators for Teenage Smoking Behaviour (First Author)	International Journal of Adolescent Medicine and Health, Vol 31, issue 3, ISSN: 2191-0278 (online), Published online 09 June 2017, Publisher: DE GRUYTER.  <a href="https://www.degruyter.com/view/j/ijamh.ahead-of-print/ijamh-2017-0017/ijamh-2017-0017.xml">https://www.degruyter.com/view/j/ijamh.ahead-of-print/ijamh-2017-0017/ijamh-2017-0017.xml</a>
	The Perception of Non-Smoking Teenagers to Pictorial Health Warnings ( <i>Persepsi Remaja Nonperokok terhadap Pictorial Health Warnings</i> ) in Gorontalo.	Litbangkes Media, Vol. 27 No. 3, September 2017, 141–152  <a href="http://dx.doi.org/10.22435/mpk.v27i3.5580.141-152">http://dx.doi.org/10.22435/mpk.v27i3.5580.141-152</a>
	Parental Awareness on Teenage Smoking Behaviour in Yogyakarta and Bali (First Author)	Proceeding on The 5 <sup>th</sup> Asian Academic Society International Conference, Khon Kaen, Thailand, July, 26-27, 2017 (1). pp. 214-225. ISSN 978-616-440-849-4.

		<a href="http://5thaasic.permithakhonkaen.org/">http://5thaasic.permithakhonkaen.org/</a>
2018	Adolescent's Knowledge and Skill to Refuse Drugs (First Author)	Kesmasnas. National Public Health Journal, 13 (1): 48-52. August 2018. DOI:10.21 <a href="http://journal.fkm.ui.ac.id/kesmas/search/search?simpleQuery=Adolescent+knowledge+and+skill&amp;searchField=query">http://journal.fkm.ui.ac.id/kesmas/search/search?simpleQuery=Adolescent+knowledge+and+skill&amp;searchField=query</a>
	Investigation on the Educational Partners' Perception toward Inclusive Education: Management and Implementation in Senior High school.	Inclusion Journal of Disability Study, volume 5, number 1, edition 2018. <a href="http://ejournal.uin-suka.ac.id/pusat/inklusi/article/view/050102">http://ejournal.uin-suka.ac.id/pusat/inklusi/article/view/050102</a>
	The Effectiveness of the Application of Bedside Teaching Method than the Method of Simulation in Improving Wound Care Skills in Nursing Students of Health Polytechnic of Jambi.	European Journal of Pharmaceutical and Medical Research, October 2018. <a href="http://www.ejpmr.com/admin/assets/article_issue/1543641011.pdf">http://www.ejpmr.com/admin/assets/article_issue/1543641011.pdf</a>
2019	The effectiveness moxibustion on breast milk production in postpartum primipara mother.	International Journal of Multidisciplinary Education and Research, Volume 4, issue: 4, July 2019, Page 35-41 <a href="https://journals.indexcopernicus.com/search/formjml">https://journals.indexcopernicus.com/search/formjml</a>
	The Effectiveness of Postpartum Yoga on Uterine Involution Among Postpartum Woman in Indonesia	International Journal of Nursing and Health Services, September 2019, Volume 2, Issue 3, Page 124-134. <a href="https://www.researchgate.net/publication/335999556_The_EFFECTIVENESS_OF_POSTPARTUM_YOGA_ON_UTERINE_INVOLUTION_AMONG_POSTPART">https://www.researchgate.net/publication/335999556_The_EFFECTIVENESS_OF_POSTPARTUM_YOGA_ON_UTERINE_INVOLUTION_AMONG_POSTPART</a>

		<a href="#">UM WOMEN IN INDONESIA</a>
	The Effectiveness of Acuyoga Postpartum on Primiparous Postpartum Pain With Perinatal Trauma	International Journal of Nursing and Health Services, Dec 2019, Volume 2, Issue 4, Page 375-381. <a href="http://www.ijnhs.net/index.php/ijnhs/article/view/165">http://www.ijnhs.net/index.php/ijnhs/article/view/165</a>
	Peran Suami Sebagai Educator Pada Pasutri Dalam Melakukan Deteksi Dini Kanker Leher Rahim	Dinamika Kesehatan Jurnal Kebidanan dan Keperawatan, 10, 2, Desember 2019, hal 526-536 <a href="https://ojs.dinamikakesehatan.unism.ac.id/index.php/dksm/10.33859/dksm.v10i2.454">https://ojs.dinamikakesehatan.unism.ac.id/index.php/dksm/10.33859/dksm.v10i2.454</a>
2020	Effectiveness of three dimension demonstration methods for waste selection behavior children's of the Al-Qur'an mosque education park Jabal Nur in Pajangan, Bantul, Yogyakarta, Indonesia	Annals of Tropical Medicine and Public Health, Vol 23, Nomor 8, Mei, 2020, <a href="http://www.researchgate.net/publication/342253130_Demonstration_methods_of_waste_selection">www.researchgate.net/publication/342253130_Demonstration_methods_of_waste_selection</a> <a href="file:///Users/lucky/Downloads/Roy21%20(2).pdf">file:///Users/lucky/Downloads/Roy21%20(2).pdf</a>
	Benson's Relaxation Therapy and Sleep Quality among Elderly at a Social Institution in Inakaka, Indonesia	Kesmasnas. National Public Health Journal, 15,2, 25 Mei, 2020, <a href="http://journal.fkm.ui.ac/kesmas">http://journal.fkm.ui.ac/kesmas</a>  file:///Users/lucky/Downloads/2562-12532-1-PB%20(3).pdf
	Smoking Behavior of The Pulmonary Clinic Patients (First Author)	Pakistan Journal of Medical and Health Sciences 1393 P J M H S Vol. 14, NO. 2, APR – JUN 2020 <a href="https://pjmhsonline.com/2020/apr-june/1393.pdf">https://pjmhsonline.com/2020/apr-june/1393.pdf</a>
	The Effect of the Ex-Smoker as an Educator on Smoking Behaviour and Vital Lung Capacity of the Suspect Lung Cancer Patients	International Journal of Emerging Trends in Science and Technology, Vol 14, nomor 2, April-June 2020 <a href="https://pjmhsonline.com/2020/apr-june/1393.pdf">https://pjmhsonline.com/2020/apr-june/1393.pdf</a>

	(First Author)	<a href="https://pjmhsonline.com/published-issues/2020-issues/april-june-2020/issue-2-1393">https://pjmhsonline.com/published-issues/2020-issues/april-june-2020/issue-2-1393</a>
	Vitamin D and Reduced Academic Stress of Health Student	Kesmasnas. National Public Health Journal, Vol 15, issue 3, Agustus 2020 <a href="http://journal.fkm.ui.ac.id/kesmas/article/view/3274">http://journal.fkm.ui.ac.id/kesmas/article/view/3274</a>  file:///Users/lucky/Downloads/3274-13301-1-PB%20(3).pdf
	The Benefits of Holistic Therapy for Psychological Disorders in Postpartum Mother: A Systematic Review	<b>STRADA Jurnal Ilmiah Kesehatan</b> , Vol 9, Nomor 2, November 2020 hal 1708-1717 <a href="https://sjik.org/index.php/sjik/article/view/524/401">https://sjik.org/index.php/sjik/article/view/524/401</a>
	Core Stability Exercise For Low Back Pain: A Literature Review	<b>STRADA Jurnal Ilmiah Kesehatan</b> , Vol 9, Nomor 2, November 2020 hal 1708-1717, <a href="https://sjik.org/index.php/sjik/article/view/524/401">https://sjik.org/index.php/sjik/article/view/524/401</a>
2021	Priority Efforts to Increase Body's Immune and The Risk of Covid-19 Clinical Symptoms (First Author)	Natural Volatiles Oils, Vol: 8, Nomor: 5, Desember 2021, hal 10359-10367 <a href="https://www.nveo.org/index.php/journal/article/view/2936">https://www.nveo.org/index.php/journal/article/view/2936</a>
	Psychiatric Health as The Dominant Factor of Covid-19 Symptom (First Author)	Teikyo Medical Research, December 2021
	Comparative efficacy of digital cognitive behaviour therapy for insomnia: A systematic review and network meta-analysis	<b>Sleep Medicine Reviews</b> , Vol 61, Februari, 22, 2021 <a href="https://www.sciencedirect.com/science/article/abs/pii/S1087079221001520">https://www.sciencedirect.com/science/article/abs/pii/S1087079221001520</a>

7. EXPERIENCES ON PROPOSAL REVIEWS, RESEARCH REPORTS AND COMMUNITY SERVICE FOR LECTURERS IN THESE FOLLOWING INSTITUTIONS:

YEAR	INSTITUTION
2013	Ambon, Maluku Health Polytechnic of Ministry of Health
2014	<ol style="list-style-type: none"> <li>1. Ambon, Maluku Health Polytechnic of Ministry of Health</li> <li>2. Sorong, West Papua Health Polytechnic of Ministry of Health</li> <li>3. Mamuju Health Polytechnic of Ministry of Health</li> </ol>
2015	<ol style="list-style-type: none"> <li>1. Ambon, Maluku Health Polytechnic of Ministry of Health</li> <li>2. Mamuju Health Polytechnic of Ministry of Health</li> <li>3. Tanjung Pinang, Riau Health Polytechnic of Ministry of Health</li> <li>4. STIKES Bethesda “Yakkum” ,Yogyakarta</li> <li>5. Gorontalo Health Polytechnic of Ministry of Health</li> <li>6. Banjarmasin Health Polytechnic of Ministry of Health</li> </ol>
2016	<ol style="list-style-type: none"> <li>1. Ambon, Maluku Health Polytechnic of Ministry of Health</li> <li>2. Mamuju Health Polytechnic of Ministry of Health</li> </ol>
2017	<ol style="list-style-type: none"> <li>1. Palangkaraya Health Polytechnic of Ministry of Health</li> <li>2. Bengkulu Health Polytechnic of Ministry of Health</li> </ol>
2018	<ol style="list-style-type: none"> <li>8. Ambon, Maluku Health Polytechnic of Ministry of Health</li> <li>9. Mamuju Health Polytechnic of Ministry of Health</li> <li>10. Pontianak Health Polytechnic of Ministry of Health</li> <li>11. Bengkulu Health Polytechnic of Ministry of Health</li> <li>12. Banten Health Polytechnic of Ministry of Health</li> <li>13. Manado Health Polytechnic of Ministry of Health</li> </ol>
2019	<ol style="list-style-type: none"> <li>1. Pontianak Health Polytechnic of Ministry of Health</li> <li>2. Bengkulu Health Polytechnic of Ministry of Health</li> <li>3. Manado Health Polytechnic of Ministry of Health</li> </ol>
2020	<ol style="list-style-type: none"> <li>1. Sorong, West Papua Health Polytechnic of Ministry of Health</li> <li>2. Bengkulu Health Polytechnic of Ministry of Health</li> </ol>
2021	<ol style="list-style-type: none"> <li>1. Yogyakarta Health Polytechnic of Ministry of Health</li> <li>2. Bengkulu Health Polytechnic of Ministry of Health (daring)</li> <li>3. Pontianak Health Polytechnic of Ministry of Health (Simlitabkes)</li> </ol>

4. Manado Health Polytechnic of Ministry of Health (Simlitabkes)
5. Sorong Health Polytechnic of Ministry of Health (Application of Simlitabkes)
6. Banten Health Polytechnic of Ministry of Health (Application of Simlitabkes)
7. Palembang Health Polytechnic of Ministry of Health (Application of Simlitabkes)
8. Tasikmalaya Health Polytechnic of Ministry of Health (Application of Simlitabkes)
9. Mataram Health Polytechnic of Ministry of Health (Application of Simlitabkes)

#### 8. NATIONAL ASSESOR/ EXPERT TEAM EXPERIENCES

YEAR	ACTIVITIES
2015-at present	The national assessor team of the proposal and research reports of the Polytechnic lecturer on the scheme of competition and major grant
2015	Detachment of the young lecturers of the Health Polytechnic Tanjung Pinang, Riau
2015- at present	The national assessor team of the health Polytechnic champion lecturer
2016	Detachment of the young lecturers of the Health Polytechnic Mamuju, West Sulawesi
2018- at present	The national assessor team of the Health Polytechnic education laboratory staffs
2018	<ol style="list-style-type: none"> <li>1. The national assessor team of the selection of polytechnic director (East Borneo, South Borneo) in Pontianak</li> <li>2. The national assessor team of the selection of polytechnic director (Aceh and West Sumatera) in Padang</li> <li>3. The Expert Staff on the Poverty Reduction Program, Regional Government, Daerah Istimewa Yogyakarta</li> </ol>



2020	The National Assessor Team of the Selection of the Polytechnic Civil Servant Lecturer
2021	The National Assessor Team of the Selection of the Polytechnic Civil Servant Lecturer

9. REVIEWER OF THE NATIONAL JOURNAL:

NO	NAME OF THE JOURNAL
1	Skala Husada Journal, Denpasar Health Polytechnic of Ministry of Health.
2	Sanitation Journal, Environment Health Department, Yogyakarta Health Polytechnic of Ministry of Health.
3	Integrated Health Journal, Maluku Health Polytechnic of Ministry of Health
4	Setya Medika Journal, STIKES BSI Yogyakarta
5	Kesmas, National Public Health Journal, University of Indonesia
6	Journal of Health (JoH), LPPM STIKES Guna Bangsa Yogyakarta
7	Gema Kesehatan, Jayapura Health Polytechnic

10. SPEAKER/ ORAL PRESENTATION ON SCIENTIFIC FORUMS/ WORKSHOPS/ SEMINARS:

Year	Title	Location
2015	Oral Presentation on the Scientific Seminar in Yogyakarta Health Polytechnic of Ministry of Health with the Title: “ Responding to Asean Economic Community by Improving Health Students Researches” <i>(Mananggapi MEA dengan meningkatkan Riset Mahasiswa Kesehatan)</i>	Yogyakarta
2016	Oral Presentation on The International Conference on Education Research and Evaluation “Assessment for Improving Students’ Performance”	Graduate School, Yogyakarta State University

	<p>Scientific Oration on Open Senate Council in STIKES Harapan Ibu, Jambi with the Title “The Role of Health Workers in the Health Development on the Basis of Preventive and Promoted” (<i>Peran Tenaga Kesehatan dalam Pembangunan Kesehatan Berbasis Preventive dan Promotive</i>)”</p>	<p>STIKES Harapan Ibu, Jambi</p>
2017	<p>Oral Presentation on The 5<sup>th</sup> Asian Academic Society International Conference, Khon Kaen, Thailand, Title: (2017), Title: Parental Awareness on Teenage Smoking Behaviour in Yogyakarta and Bali, Indonesia (oral presentation),  <a href="http://5thaasic.permithakhonkaen.org/">http://5thaasic.permithakhonkaen.org/</a>  <a href="http://eprint.poltekkesjogja.ac.id/118">http://eprint.poltekkesjogja.ac.id/118</a></p> <p>The 3<sup>rd</sup> International Conference on Public Health 2017 (ICOPH 2017), July, 27-29, 2017, Kuala Lumpur, Malaysia. Title: Knowledge and Skills of Young Adolescents to Refuse Substances. (Poster).  <a href="https://mahfouzadedimeji.com/2017/07/18/icoph-2017-3rd-international-conference-on-public-health-2017/">https://mahfouzadedimeji.com/2017/07/18/icoph-2017-3rd-international-conference-on-public-health-2017/</a>  <a href="http://eprints.poltekkesjogja.ac.id/117">http://eprints.poltekkesjogja.ac.id/117</a></p>	<p>The 5<sup>th</sup> Asian Academic Society International Conference, Khon Kaen, Thailand</p> <p>The 3<sup>rd</sup> International Conference on Public Health 2017 (ICOPH 2017)</p>
2018	<p>Oral presentation on The 3<sup>rd</sup> Seminar of Social Science and Business Research Network (SSBRN), Nest Hotel, Osaka Jepang, 11-12 Oct 2018. Title: The Role of Parents on Teenagers Smoking Behavior in Pressing Family Expenditure Budget in Buying Cigarette. (Oral Presentation).  <a href="http://www.ssbrn.com/index.php/tag/symposium/">http://www.ssbrn.com/index.php/tag/symposium/</a></p>	<p>The 3<sup>rd</sup> Seminar of Social Science and Business Research Network (SSBRN), Nest Hotel, Osaka Jepang,</p>

	Oral presentation on the Workshop of Lecturers' Career Development in Medan Polytechnic of Ministry of Health (2018)	Medan Polytechnic of Ministry of Health
	Public Lecture for New Students in Jayapura Health Polytechnic of Ministry of Health with the Title of Tips and Tricks of Health Diploma Graduates to be Professor ( <i>Kiat Lulusan Diploma Kesehatan Menjadi Guru Besar</i> ) (2018)	Jayapura Health Polytechnic of Ministry of Health
	Scientific Oration on Open Senate Council in Jayapura Health Polytechnic of Ministry of Health with the Title "The Implementation of Collaborative Interprofesional of Health Workers in Integrated Health Service in Community" ( <i>Implementasi interprofesional kolaborasi tenaga kesehatan dalam pelayanan kesehatan terintegrasi di masyarakat</i> ) (2018)	Jayapura Health Polytechnic of Ministry of Health
2020	The Dominant Factors to Control Covid19 Symptom	- Poltekkes Yogyakarta Webinar, 4 Juni 2020, - Poltekkes Palembang Webinar, 18 Juli 2020, - International Webinar in Manila, 14 Agustus 2020)
2021	How to create final Report of The Students Based on Literature Review Method	Universitas Ahmad Yani, January, 2021 (Daring)
	How to create final Report of The Students Based on Literature Review Method	Poltekkes Bina Sarana Informatika, January, 17, 2021 (Daring)
	How to manage Peer Review Sheet of Lecturer's Scientific Works	Bengkulu Polytechnic of Ministry of Health, December 7-9, 2021

Yogyakarta, Desember , 2021