

## DAFTAR ISI

|                                                                    |                                     |
|--------------------------------------------------------------------|-------------------------------------|
| <b>DAFTAR ISI</b> .....                                            | <b>ii</b>                           |
| <b>DAFTAR TABEL</b> .....                                          | Error! Bookmark not defined.        |
| <b>DAFTAR GAMBAR</b> .....                                         | Error! Bookmark not defined.        |
| <b>DAFTAR LAMPIRAN</b> .....                                       | Error! Bookmark not defined.        |
| <b>BAB I</b> .....                                                 | Error! Bookmark not defined.        |
| <b>PENDAHULUAN</b> .....                                           | Error! Bookmark not defined.        |
| 1.1 Latar Belakang .....                                           | <b>Error! Bookmark not defined.</b> |
| 1.2 Rumusan Masalah.....                                           | <b>Error! Bookmark not defined.</b> |
| 1.3 Tujuan Penelitian.....                                         | <b>Error! Bookmark not defined.</b> |
| 1.3.1. Tujuan Umum.....                                            | <b>Error! Bookmark not defined.</b> |
| 1.3.2. Tujuan Khusus .....                                         | <b>Error! Bookmark not defined.</b> |
| 1.4 Ruang Lingkup Penelitian.....                                  | <b>Error! Bookmark not defined.</b> |
| 1.5 Manfaat Penelitian.....                                        | <b>Error! Bookmark not defined.</b> |
| 1.5.1. Bagi Peneliti .....                                         | <b>Error! Bookmark not defined.</b> |
| 1.5.2. Bagi Sampel.....                                            | <b>Error! Bookmark not defined.</b> |
| 1.5.3. Bagi SDN Padaasih.....                                      | <b>Error! Bookmark not defined.</b> |
| 1.5.4. Bagi Politeknik Kesehatan Kemenkes Bandung JurusanGizi..... | <b>Error! Bookmark not defined.</b> |
| 1.6 Keterbatasan Penelitian.....                                   | <b>Error! Bookmark not defined.</b> |
| <b>BAB II</b> .....                                                | Error! Bookmark not defined.        |
| <b>TINJAUAN PUSTAKA</b> .....                                      | Error! Bookmark not defined.        |
| 2.1 Anak Usia Sekolah Dasar .....                                  | <b>Error! Bookmark not defined.</b> |
| 2.2 Sarapan Pagi.....                                              | <b>Error! Bookmark not defined.</b> |
| 2.2.1. Definisi Sarapan Pagi.....                                  | <b>Error! Bookmark not defined.</b> |
| 2.2.2. Gizi Sarapan Pagi.....                                      | <b>Error! Bookmark not defined.</b> |
| 2.2.3. Manfaat Sarapan Pagi.....                                   | <b>Error! Bookmark not defined.</b> |
| 2.2.4. Dampak Tidak Sarapan Pagi.....                              | <b>Error! Bookmark not defined.</b> |
| 2.2.5. Faktor – Faktor yang Menyebabkan Tidak Sarapan Pagi.....    | <b>Error! Bookmark not defined.</b> |
| 2.2.6. Rekomendasi Sarapan Pagi .....                              | <b>Error! Bookmark not defined.</b> |
| 2.2.7. Kecukupan Gizi Anak Sekolah.....                            | <b>Error! Bookmark not defined.</b> |
| 2.2.8. Sarapan dan konsentrasi.....                                | <b>Error! Bookmark not defined.</b> |
| 2.3 Pengukuran Konsumsi Makanan .....                              | <b>Error! Bookmark not defined.</b> |

|                                                       |                                                            |                                     |
|-------------------------------------------------------|------------------------------------------------------------|-------------------------------------|
| 2.3.1.                                                | <i>Food Recall</i> 24 jam.....                             | <b>Error! Bookmark not defined.</b> |
| 2.4                                                   | Konsentrasi .....                                          | <b>Error! Bookmark not defined.</b> |
| 2.4.1.                                                | Definisi konsentrasi .....                                 | <b>Error! Bookmark not defined.</b> |
| 2.4.2.                                                | Faktor – Faktor yang Mempengaruhi Konsentrasi Belajar..... | <b>Error! Bookmark not defined.</b> |
| 2.4.3.                                                | Cara Mengukur Konsentrasi Anak Sekolah.....                | <b>Error! Bookmark not defined.</b> |
| <b>BAB III</b> .....                                  |                                                            | <b>Error! Bookmark not defined.</b> |
| <b>KERANGKA KONSEP DAN DEFINISI OPERASIONAL</b> ..... |                                                            | <b>Error! Bookmark not defined.</b> |
| 3.1                                                   | Kerangka Konsep .....                                      | <b>Error! Bookmark not defined.</b> |
| 3.2                                                   | Definisi Operasional.....                                  | <b>Error! Bookmark not defined.</b> |
| 3.2.1.                                                | Sarapan Pagi.....                                          | <b>Error! Bookmark not defined.</b> |
| 3.2.2.                                                | Konsentrasi Belajar .....                                  | <b>Error! Bookmark not defined.</b> |
| <b>BAB IV</b> .....                                   |                                                            | <b>Error! Bookmark not defined.</b> |
| <b>METODE PENELITIAN</b> .....                        |                                                            | <b>Error! Bookmark not defined.</b> |
| 4.1                                                   | Desain Penelitian.....                                     | <b>Error! Bookmark not defined.</b> |
| 4.2                                                   | Tempat dan Waktu Penelitian.....                           | <b>Error! Bookmark not defined.</b> |
| 4.3                                                   | Populasi dan Sampel.....                                   | <b>Error! Bookmark not defined.</b> |
| 4.3.1.                                                | Populasi .....                                             | <b>Error! Bookmark not defined.</b> |
| 4.3.2.                                                | Sampel .....                                               | <b>Error! Bookmark not defined.</b> |
| 4.4                                                   | Jenis dan Cara Pengumpulan Data .....                      | <b>Error! Bookmark not defined.</b> |
| 4.4.1.                                                | Jenis Data .....                                           | <b>Error! Bookmark not defined.</b> |
| 4.4.2.                                                | Cara Pengumpulan Data .....                                | <b>Error! Bookmark not defined.</b> |
| 4.5                                                   | Pengolahan dan Analisis Data.....                          | <b>Error! Bookmark not defined.</b> |
| 4.5.1.                                                | Pengolahan Data.....                                       | <b>Error! Bookmark not defined.</b> |
| 4.5.2.                                                | Analisis Data .....                                        | <b>Error! Bookmark not defined.</b> |
| <b>BAB V</b> .....                                    |                                                            | <b>Error! Bookmark not defined.</b> |
| <b>HASIL DAN PEMBAHASAN</b> .....                     |                                                            | <b>Error! Bookmark not defined.</b> |
| 5.1                                                   | Gambaran karakteristik Sampel.....                         | <b>Error! Bookmark not defined.</b> |
| 5.2.1                                                 | Usia .....                                                 | <b>Error! Bookmark not defined.</b> |
| 5.2.2                                                 | Jenis kelamin.....                                         | <b>Error! Bookmark not defined.</b> |
| 5.2.3                                                 | Asupan sarapan .....                                       | <b>Error! Bookmark not defined.</b> |
| 5.2.4                                                 | Kecukupan energi sarapan pagi .....                        | <b>Error! Bookmark not defined.</b> |
| 5.2.5                                                 | Tingkat Konsentrasi.....                                   | <b>Error! Bookmark not defined.</b> |

|                           |                                                                      |                                     |
|---------------------------|----------------------------------------------------------------------|-------------------------------------|
| 5.2.6                     | Gambaran Kecukupan Energi Sarapan Pagi dan Konsentrasi Belajar ..... | <b>Error! Bookmark not defined.</b> |
| <b>BAB VI</b>             | .....                                                                | Error! Bookmark not defined.        |
| <b>SIMPULAN DAN SARAN</b> | .....                                                                | Error! Bookmark not defined.        |
| 4.6                       | Simpulan .....                                                       | <b>Error! Bookmark not defined.</b> |
| 4.7                       | Saran.....                                                           | <b>Error! Bookmark not defined.</b> |
| <b>DAFTAR PUSTAKA</b>     | .....                                                                | Error! Bookmark not defined.        |