

## DAFTAR ISI

|  |      |
|--|------|
| LEMBAR PERSETUJUAN KTI.....                    | ii   |
| LEMBAR PENGESAHAN KTI.....                     | iii  |
| HALAMAN MOTTO DAN PERSEMBAHAN.....             | iv   |
| ABSTRAK .....                                  | v    |
| KATA PENGANTAR .....                           | vi   |
| DAFTAR ISI.....                                | viii |
| DAFTAR TABEL.....                              | x    |
| DAFTAR BAGAN.....                              | xi   |
| DAFTAR LAMPIRAN.....                           | xii  |
| BAB I.....                                     | 1    |
| PENDAHULUAN.....                               | 1    |
| 1.1 Latar Belakang.....                        | 1    |
| 1.2 Rumusan Masalah.....                       | 4    |
| 1.3 Tujuan Penelitian .....                    | 5    |
| 1.4 Manfaat Penelitian .....                   | 5    |
| 1.4.1 Manfaat Teoritis .....                   | 5    |
| 1.4.2 Manfaat Praktis.....                     | 5    |
| BAB II.....                                    | 7    |
| TINJAUAN PUSTAKA.....                          | 7    |
| 2.1 Landasan Teori.....                        | 7    |
| 2.1.1 Hipertensi .....                         | 7    |
| 2.1.2 Kolesterol .....                         | 19   |
| 2.2 Kerangka Konsep.....                       | 26   |
| Sumber : Ardiyaningsih, (2018).....            | 26   |
| BAB III.....                                   | 27   |
| METODOLOGI PENELITIAN.....                     | 27   |
| 3.1 Jenis dan Desain Penelitian.....           | 27   |
| 3.2 Sumber dan Strategi Pengumpulan Data ..... | 27   |

|                          |   |    |
|--------------------------|---|----|
| 3.2.1                    | Pencarian Data ( <i>Identification</i> ).....                   | 28 |
| 3.2.2                    | Skrining Data ( <i>Screening</i> ).....                         | 28 |
| 3.2.3                    | Penilaian Kualitas/ Kelayakan Data ( <i>Eligibility</i> ) ..... | 29 |
| 3.2.4                    | Hasil Pencarian Data ( <i>Included</i> ).....                   | 29 |
| 3.3                      | Metode Ekstraksi Data.....                                      | 29 |
| 3.4                      | Pengkajian Kualitas Data.....                                   | 29 |
| 3.5                      | Sintesa Data .....  | 32 |
| BAB IV                   | .....   | 33 |
| PEMBAHASAN               | .....   | 33 |
| 4.1                      | Hasil Penelusuran Jurnal Penelitian.....                        | 33 |
| 4.2                      | Pembahasan.....   | 36 |
| BAB V                    | .....   | 40 |
| SIMPULAN DAN REKOMENDASI | .....   | 40 |
| 5.1                      | Simpulan .....  | 40 |
| 5.2                      | Rekomendasi.....  | 40 |
| DAFTAR PUSTAKA           | .....   | 42 |
| LAMPIRAN-LAMPIRAN        | .....   | 47 |