

Politeknik Kesehatan Kemenkes Bandung
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**PENGARUH EDUKASI MELALUI BOOKLET TERHADAP
PENGETAHUAN PENDERITA HIPERTENSI TENTANG PENCEGAHAN
STROKE DI POSBINDU RW 05 DESA SANGIANG, KECAMATAN
RANCAEKEK KABUPATEN BANDUNG.**

ABSTRAK

xii, 104, 5 Bab, 6 Tabel, 2 Bagan, 20 Lampiran

Latar belakang: Berdasarkan data dari WHO (World Health Organization), penyakit hipertensi menyerang 22% penduduk dunia. Jawa Barat menduduki urutan ke dua sebagai Provinsi dengan kasus Hipertensi tertinggi di Indonesia, yaitu sebesar 39,6%. Prevalensi penyakit hipertensi di Puskesmas Nanjungmekar meningkat pada Tahun 2019 yaitu sebanyak 23% dan menjadi ranking pertama dari 10 pola penyakit dan angka kesakitan penderita rawat jalan. **Tujuan:** Mengetahui pengaruh edukasi melalui booklet terhadap pengetahuan penderita hipertensi tentang pencegahan stroke di posbindu RW 05 Desa Sangiang, Kecamatan Rancaekek Kabupaten Bandung. **Metode:** Quasi eksperimen *one group pretest posttest*. Subjek penelitian ini adalah 32 penderita hipertensi. Analisis univariat dengan *mean* dan bivariat dengan *paired T-test*. **Hasil:** Didapatkan hasil *mean pretest* 55.16 *posttest* 83.66 dengan kenaikan 28.50 Adanya pengaruh booklet terhadap pengetahuan dengan nilai $P 0.000 < 0.05$. **Kesimpulan:** Ada pengaruh edukasi melalui booklet terhadap pengetahuan penderita hipertensi tentang pencegahan stroke di posbindu RW 05 Desa Sangiang, Kecamatan Rancaekek Kabupaten Bandung. **Rekomendasi:** Diharapkan media booklet ini dapat menjadi sumber informasi yang bisa dimanfaatkan dan disebarluaskan oleh tenaga kesehatan maupun kader di posbindu dalam mencegah stroke bagi penderita hipertensi.

Kata Kunci: booklet, pencegahan stroke, pengaruh, pengetahuan.
Daftar Pustaka: 34 (2000-2020)

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***INFLUENCE OF EDUCATION THROUGH BOOKLETS ON
HYPERTENSION PATIENTS' KNOWLEDGE OF STROKE PREVENTION
IN POSBINDU RW 05 SANGIANG VILLAGE, RANCAEKEK DISTRICT,
BANDUNG REGENCY***

ABSTRACT

xii, 104, 5 Chapters, 6 Tables, 2 Charts, 20 Appendices

Background: Based on data from WHO (World Health Organization), hypertension affects 22% of the world's population. West Java ranks second as the province with the highest cases of hypertension in Indonesia, which is 39.6%. The prevalence of hypertension at the Nanjungmekar Health Center increased in 2019 by 23% and became the first rank of 10 disease patterns and outpatient morbidity rates. ***Objective:*** To determine the effect of education through booklets on the knowledge of hypertension sufferers about stroke prevention in Posbindu RW 05 Sangiang Village, Rancaekek District, Bandung Regency. ***Methods:*** Quasi-experimental one group pretest posttest. The subjects of this study were 32 patients with hypertension. Univariate analysis with mean and bivariate with paired T-test. ***Results:*** The results were mean pretest 55.16 posttest 83.66 with an increase of 28.50. There was an effect of booklets on knowledge with a P value of 0.000 < 0.05. ***Conclusion:*** There the effect of education through booklets on the knowledge of hypertension sufferers about stroke prevention in posbindu RW 05 Sangiang Village, Rancaekek District, Bandung Regency. ***Recommendation:*** It is hoped that this booklet media can be a source of information that can be utilized and disseminated by health workers and cadres at posbindu in preventing stroke for people with hypertension.

*Keywords: booklet, stroke prevention, influence, knowledge.
Bibliography: 34 (2000-2020)*