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Bandung, Mei 2020
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LITERATURE STUDY OF LIFE QUALITY DESCRIPTION IN ELDERLY HYPERTENSION

ABSTRACT

xiii, 76 pages, 5 chapters, 2 tables, 1 chart, 8 attachments

This research is motivated by the increase in hypertension in the world, especially in developing countries and is a cause of morbidity and high mortality. around the world. Increasing the number of people with hypertension, especially in the elderly with all the biopsychosocial problems caused, has resulted in a decrease in the quality of life of sufferers. Hypertension is a chronic disease that does not cause death directly, but can be fatal if management is inappropriate. High hypertension problems especially in the elderly affect the quality of life of the elderly. This study aims to review a variety of literature regarding the quality of life in elderly hypertension. This type of research is a literature study, with a research design using a approach systematic literature review. Secondary data collection techniques on 4 research samples, from articles that have been published through Google Scholar by 2 articles, Research Gate by 1 article and Microsoft Academic by 1 article. The results of the review found that quality of life in elderly hypertension was generally good, namely Gabriela's study. F (73.31%), Sri. S (58.3%), Nur A (54.1%), while Ninh Thi Ha is (59.7%). The conclusion is the picture of quality of life in elderly hypertension is generally good, but shows different results in each dimension. It is expected that service institutions will provide clearer and more detailed information related to handling and controlling hypertension, providing health facilities and easy access for the elderly in controlling hypertension, with the fulfillment of all these aspects, a good quality of life for the elderly can be realized through the health center program, namely disease healing and health services.

Keywords: Quality of life, Elderly, Hypertension, WHOQOL-BREF Bibliography: 61 (2004-2020)