

Kementerian Kesehatan Republik Indonesia  
Politeknik Kesehatan Kemenkes Bandung  
Program Studi Keperawatan Bogor

Wildyanita  
P17320317049

Description of Stress Levels of Pregnant Women in Carrying HIV Tests through PITC (Provider Initiated Testing and Counseling) at Puskesmas Bogor Tengah in 2020

i-xiii +70 pages, VI Chapters, 9 tables, 5 schemes, 5 diagrams, 8 attachments

### **ABSTRACT**

HIV is a disease that attacks the human immune system that can cause a weakened immune system so it is vulnerable to various diseases. To find out the HIV status in pregnant women need to do an HIV test. One of the HIV test services that can be done is PITC. PITC is an HIV test and counseling initiated by health workers to visitors as part of medical service standards. People who will get a medical treatment will experience an uncomfortable condition called stress, therefore researchers are interested in raising the title Description of Stress Level Pregnant Women in doing HIV Tests Through PITC (Provider Initiated Testing and Counselling) at Puskesmas Bogor Tengah. The purpose of this study was to determine the Description of Stress Level Pregnant Women in doing HIV Tests Through PITC (Provider Initiated Testing and Counselling) at Puskesmas Bogor Tengah). The research design used is descriptive research. The sampling technique is purposive sampling, with 32 respondents. Data collection was obtained through a research instrument in the form of a questionnaire. The results of the study can be concluded that the level of normal stress is 8 respondents (25%), mild stress is 19 respondents (59%), moderate stress is 1 respondent (3%), and severe stress is 4 respondents (13%). The results of the study based on the characteristics of respondents: 16 respondents (61%) with mild stress were aged 21-35 years. A total of 9 respondents (60%) with a high school education experienced mild stress. A total of 13 respondents (54%) housewives experience mild stress. A total of 13 respondents (62%) multigravida mothers experienced mild stress.

Keywords : PITC stress level, pregnant women, PITC, HIV / AIDS

Bibliography : 37 sources (2009-2019)

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Gambaran Tingkat Stress Ibu Hamil Dalam Melakukan Test HIV Melalui PITC  
(*Provider Initiated Testing and Counselling*) di Puskesmas Bogor Tengah Tahun  
2020

i-xiii +70 halaman, VI Bab, 9 tabel, 5 skema, 5 diagram, 8 lampiran

### ABSTRAK

HIV merupakan penyakit yang menyerang sistem kekebalan tubuh manusia yang dapat menyebabkan melemahnya *immune* sehingga rentan diserang berbagai penyakit. Untuk mengetahui status HIV pada ibu hamil perlu dilakukannya test HIV. Salah satu layanan test HIV yang dapat dilakukan yaitu PITC. PITC adalah suatu test dan konseling HIV yang diprakarsai oleh petugas kesehatan kepada pengunjung sebagai bagian dari standar pelayanan medis. Orang yang akan mendapatkan suatu tindakan medis akan mengalami kondisi yang tidak nyaman yang dinamakan stress, maka dari itu peneliti tertarik untuk mengangkat judul Gambaran Tingkat Stress Ibu Hamil Dalam Melakukan Test HIV Melalui PITC (*Provider Initiated Testing and Counselling*). Tujuan penelitian ini untuk mengetahui gambaran tingkat stress ibu hamil dalam melakukan Test HIV melalui PITC (*Provider Initiated Testing and Counselling*). Desain penelitian yang digunakan adalah penelitian deskriptif. Teknik pengambilan sampel yaitu *purposive sampling*, dengan jumlah 32 responden. Pengumpulan data diperoleh melalui instrument penelitian berupa kuesioner. Hasil penelitian dapat disimpulkan bahwa tingkat stress normal sebanyak 8 responden (25%), stress ringan sebanyak 19 responden (59%), stress sedang sebanyak 1 responden (3%), dan stress berat sebanyak 4 responden (13%). Hasil penelitian berdasarkan karakteristik responden: 16 responden (61%) dengan stress ringan berada pada usia 21-35 tahun. Sebanyak 9 responden (60%) berpendidikan akhir SMA mengalami stress ringan. Sebanyak 13 responden (54%) ibu rumah tangga mengalami stress ringan. Sebanyak 13 responden (62%) ibu multigravida mengalami stress ringan.

Kata kunci : Tingkat stress PITC, ibu hamil, PITC, HIV/AIDS

Daftar Pustaka : 37 sumber (2009-2019)