

**BANDUNG HEALTH POLYTECHNIC, MIDWIFERY STUDY
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**Postpartum midwifery care for Mrs. A 27 years old P3A0 with Moderate Anemia
at Leuwiliang Regional Hospital**

6 Chapter, 52 Pages, 6 Tables

ABSTRACT

Anemia is often called blood loss, which is a condition where hemoglobin levels in the blood are less than normal $<12 \text{ gr/dl}$.¹ In the postpartum period anemia can cause the uterus to contract ineffectively due to insufficient blood to provide oxygen to the uterus, and postpartum women with anemia can affect milk production slightly, and are prone to mammary infections.² The purpose of this midwifery care is to be able to understand and apply Postpartum Midwifery Care on Mrs. A 27 years old P3A0 with mild anemia at Leuwiliang Hospital.

The method used is a midwifery management approach in a SOAP documentation case report. Data collection techniques are obtained from interviews, physical examinations, observations, documentation studies and literature studies.

In the assessment of subjective data Mrs. A, 27 years old, gave birth to her third child at Leuwiliang Hospital with indications of bleeding after spontaneous labor, the mother felt dizzy and weak. Examination of BP 120/80mmHg, N 80x/min, RR 21x/min, S 36°C, facial examination looks pale, pale conjunctiva, pale lips, genital examination there is 20cc blood discharge, and supporting examination obtained Hemoglobin check again with the results of 10.4 gr/dl Analysis that can be established from subjective and objective data is Mrs. A 27 years old P3A0 with mild anemia. The management carried out is to provide oral therapy, namely Amoxicillin, Ferrous Sulfate, observe the general condition, tfu, contractions, bleeding, inform the mother about high protein nutrition, postpartum danger signs, and postpartum exercises.

The conclusion of Midwifery Care in Mild Anemia is that it can be carried out well with the cooperation between the client and the midwife. At the time of care there were no gaps between cases and theory. It is recommended that the Leuwiliang Hospital can maintain and improve the quality of services according to standards and authority to minimize the incidence of anemia, for the client to be able to carry out the recommendations suggested by the midwife such as consuming high-protein foods, routinely taking the blood supplement tablets given, besides that midwives are expected to be able to handle mild anemia according to service standards and the proper authority of midwives.

Keywords: Midwifery Care, Postpartum, Anemia

Literature: 24 (2017-2023)