

**BANDUNG HEALTH POLYTECHNIC MIDWIFERY STUDY PROGRAM
(BOGOR CAMPUS) DIPLOMA III
FINAL PROJECT REPORT, JUNE 2024**

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***Postpartum Midwifery Care for Mrs. A 41 years old P5A0 Chronic Energi
Deficiency at the Cibungbulang Public Health Center***

VI CHAPTERS, 76 pages, 18 attachments.

ABSTRACT

postpartum period includes a critical transition period for mothers physiologically, emotionally and socially. This period is very vulnerable because about 50% of deaths can occur in the first 24 hours due to complications. One of the physical changes in postpartum that occur is in the breasts which is closely related to the provision of breast milk. In breastfeeding, not everything goes well, but there are obstacles such as low milk production. Nutritional disorder, chronic energy deficiency will cause less production of breast milk, so that it causes baby growth disorders. The purpose of this report is to provide Postpartum Midwifery Care to Mrs. A in chronic Energy Deficiency conditions at the Cibungbulang Public Health Center.

The method used in the preparation of the Final Project Report was a case report with a midwifery management approach and documentation in the form of SOAP (Subjective, Objective, Analysis, and Management). While data collection techniques were obtained through interviews, observation, physical examinations, supporting examinations, documentation studies and literature studies.

The results of subjective data in the initial assessment were Mrs. A 41 years old, gave birth to her fifth child 2 hours ago. Objective data showed that the mother was in a Chronic Energy Deficiency condition as the results of anthropometric weight is 37.5 Kg, Upper arm circumference is 19 cm. Analysis obtained by Mrs. A 41 years old P5A0 postpartum 2 hours with Chronic Energy Deficiency. Management is to provide the fulfillment of mothers' needs during the postpartum period.

The conclusion of the care carried out on Mrs. A began from 2 hours after giving birth until 30 days was in good condition there's no complications, even though the mother had breastfeeding problems, namely sore nipples and reduced milk production. This can be solved well.

Keywords : Midwifery Care, Postpartum, Chronic Energy Deficiency.

Literature : 73 (2014-2023)