

**MINISTRY OF HEALTH OF THE BANDUNG POLYTECHNIC  
DEPARTMENT MIDWIFERY STUDY PROGRAM (BOGOR CAMPUS)  
DIPLOMA THREE PROGRAM  
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**Postpartum midwifery care for Mrs. F 26 years old P1A0 at Sekarwangi  
Hospital**

**VI CHAPTERS, 118 pages, 7 appendices**

**ABSTRACT**

*The postpartum period is the time when the placenta is born and ends when the organs return to the same way as before pregnancy. This period is quite important because if not monitored, postpartum mothers can experience various problems during the postpartum period, such as infections, bleeding, and lactation problems. During the postpartum period, changes and adaptations occur in the reproductive system, breasts, and others. In this case, midwives have an important role to provide counseling, complication prevention and education. The purpose of writing this report is to provide postpartum obstetric care to Mrs. F in accordance with obstetric standards.*

*The method used is a case report in the form of documentation using SOAP (Subjective, Objective, Analysis, Management), as well as data collection techniques obtained through interviews, observations, physical examinations, documentation studies and literature studies.*

*The results obtained are subjective data Mrs. F is 26 years old, gave birth to her first child on 25-03-2024 at 16.50 WIB, has never had a miscarriage. She said the pain in the stitches and she said this was her first experience caring for her baby. On 28-03-2024 the mother said there was pain in the breast. Objective data general condition is good, TFU 2 fingers below the center, lochia rubra production, there are suture wounds. From the data, an analysis of Mrs. F, 26 years old, P1A0 Post Partum was obtained for 5 hours. The management provided is in the form of handling suture wound pain by encouraging mothers to mobilize early, encouraging mothers to renegotiate long breaths, teaching mothers to treat wounds, teaching breastfeeding techniques, and breast care.*

*The conclusion of the midwifery care provided is mostly in accordance with the needs of the mother, namely the problem of the postpartum period. Mothers receive postpartum care that is in accordance with obstetric service standards up to KF-4. During the mother's postpartum period, there are no signs of complications. Mother and baby are in good condition. Suggestions are shown to health services and the midwife profession to improve the quality of service, especially in the scope of postpartum problems in accordance with the rules and in the form of standard operating procedures.*

*Keywords: Postpartum Midwifery Care, Postpartum Problems.*

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