HEALTH POLYTECHNIC, BANDUNG MINISTRY OF HEALTH BOGOR MIDWIFERY STUDY PROGRAM FINAL PROJECT REPORT, JUNE 2024

AURELYA FRANESA

Id : P17324221007 Obstetric Care for Childbirth Mrs. N Age 22 Years with Anemia At Ciawi Hospital, Bogor Regency VI CHAPTER, 77 Pages, 7 Attachments, 2 Images, 2 Tables

ABSTRACT

Based on data from the World Health Organization (WHO) in 2020 in Asia, around 12.8% of maternal deaths during pregnancy and childbirth were caused by anemia. Meanwhile, in Indonesia the prevalence of iron deficiency anemia in pregnant women reaches 50.5%. The purpose of compiling this Final Project Report is to be able to implement midwifery care for Mrs. N 22 years old G2P1A0 38 weeks gestation with moderate anemia.

The writing method used is a case report with a midwifery management approach. The documentation method in SOAP form consists of S (Subjective), O (Objective), A (Analysis), and P (Management). Data collection techniques include interviews, physical and supporting examinations, observation, documentation studies, and literature studies.

Obtained subjective data, Mrs. S, 22 years old, in her second pregnancy, never had a miscarriage, 38 weeks pregnant, came with a referral for an inpartum diagnosis of moderate anemia and a history of asthma, complained of heartburn and bloody mucus discharge since 08.00 WIB, dizziness, weakness and a little shortness of breath. Objective data obtained were BP 90/70 mmHg, N $80 \times /minute$, R $26 \times /minute$, S $36.5 \circ C$, SpO2 94%, face looked anemic, TFU 34 cm, FHR $150 \times /minute$, HIS 4 times in 10 minutes, 45 seconds long, internal examination: thin soft portion, 4 cm dilated, intact membranes, cephalic presentation, decreased Hodge III, hemoglobin supporting examination results 7.8 gr/dL. The analysis was upheld by Mrs. N 22 years old G2P1A0 gravida 38 weeks inpartu stage I active phase with moderate anemia. Management carried out in the form of normal delivery care, blood transfusion of 2 250 cc flasks, fulfillment of needs.

Conclusion of Midwifery Care for Childbirth for Mrs. N gave birth on March 28 2024 at 19.19 WIB, the mother and fetus were in good condition, then a blood transfusion of 2 250 cc flasks was given so that the mother's hemoglobin rose to 8.1 gr/dL.

Suggestions for clients and families to increase knowledge about anemia to avoid anemia complications.

Keywords : *Obstetric care childbirth, anemia* 34 *Reference* (2010 - 2024)