

**POLITEKNIK KESEHATAN BANDUNG PROGRAM STUDI  
KEBIDANAN (KAMPUS BOGOR) PROGRAM DIPLOMA TIGA  
LAPORAN TUGAS AKHIR, JUNI 2024**

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**Asuhan Kebidanan Persalinan Pada Ny. S Dengan Anemia Ringan Di  
Puskesmas Caringin**

**VI BAB, 66 halaman, 14 Lampiran, 2 gambar, 4 tabel.**

**ABSTRAK**

Kematian ibu bisa terjadi pada saat hamil, bersalin dan nifas. Salah satu faktor kematian ibu bersalin disebabkan oleh penyebab tidak langsung meliputi kekurangan energi kronis 37%, ibu hamil dengan konsumsi energi dibawah kebutuhan minimal 44,2%, serta anemia pada ibu hamil 40%. Oleh karena itu, untuk mengurangi angka kematian ibu sangat penting melakukan persalinan ditolong oleh tenaga kesehatan. Tujuan laporan ini adalah memberikan asuhan kebidanan pada Ny. S dengan anemia ringan di Puskesmas Caringin.

Metode yang digunakan yaitu laporan kasus dengan pendekatan manajemen kebidanan pendokumentasian SOAP. Teknik pengumpulan data diperoleh dari wawancara, observasi, pemeriksaan fisik, studi dokumentasi dan studi literatur.

Hasil pengkajian data subjektif Ny. S usia 20 tahun HPHT 9 Juli 2023, TP 16 April 2024. Mengeluh keluar cairan dari jalan lahir yang tidak dapat ditahan pukul 03.30 WIB dan mulas pada pukul 11.00 WIB. Riwayat anemia dari remaja dengan HB 10-11 gr%. Data objektif menunjukkan ibu memasuki kala I persalinan. Konjungtiva pucat, selaput ketuban negatif tampak rembesan cairan berwarna jernih, pemeriksaan HB 10 gr% dan tes lakmus merah berubah menjadi biru. Analisa yang didapat Ny. S Usia 20 Tahun G1P0A0 Usia Kehamilan 37 Minggu dengan Anemia Ringan. Penatalaksanaan dilakukan adalah asuhan persalinan pada Ny. S dengan menganjurkan tirah baring, penuhi kebutuhan nutrisi makan dan minum, mengobservasi pengeluaran cairan, pencegahan infeksi, dan mengobservasi kemajuan persalinan.

Kesimpulan kasus ini setelah dilakukan asuhan selama 7 hari Ny. S dalam keadaan baik, tidak ada komplikasi karena anemia. Saran untuk Puskesmas agar dapat mempertahankan pelayanan kesehatan serta diharapkan memiliki acuan dalam pelayanannya yang berbentuk Standar Operasional Prosedur. Saran untuk klien memperhatikan kesehatan diri dan bayi, serta tumbuh kembang bayi. Saran untuk profesi melakukan pelayanan sesuai tugas dan kewenangan bidan dalam kasus anemia.

**Kata Kunci : Persalinan, Anemia.**

**Pustaka : 44 (2016-2023).**

**BANDUNG HEALTH POLYTECHNIC MIDWIFERY STUDY PROGRAM  
(BOGOR CAMPUS) DIPLOMA PROGRAM THREE FINAL PROJECT  
REPORT, JUNE 2024**

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***Obstetric and Childbirth Care for Mrs. S with Mild Anemia at the Caringin Health Center***

***VI Chapters, 66 pages, 14 Attachments, 2 figures, 4 tables.***

**ABSTRACT**

*Maternal death can occur during pregnancy, childbirth and postpartum. One of the factors of maternal mortality caused by indirect causes includes chronic energy deficiency 37%, pregnant women with energy consumption below minimum needs 44.2%, and anemia in pregnant women 40%. Therefore, to reduce maternal mortality, it is very important to give birth with the help of health workers. The purpose of this report is to provide obstetric care to Mrs. S with mild anemia at the Caringin Health Center.*

*The method used is a case report with a SOAP documentation midwifery management approach. Data collection techniques were obtained from interviews, observations, physical examinations, documentation studies and literature studies. Results of the subjective data assessment of Mrs. S, age 20, HPHT July 9, 2023, TP April 16, 2024. Complaining of fluid coming out of the birth canal that could not be held at 03.30 WIB and heartburn at 11.00 WIB. History of anemia from adolescents with HB 10-11 gr%. Objective data shows that mothers enter the first stage of childbirth. The conjunctiva is pale, the negative amniotic membrane appears to secrete clear colored fluid, the HB 10 gr% examination and the red litmus test turn blue. Analysis obtained by Mrs. S Age 20 Years G1P0A0 Gestational Age 37 Weeks with Mild Anemia. Management is carried out is childbirth care for Mrs. S by advocating bed rest, meeting nutritional needs for eating and drinking, observing fluid discharge, preventing infection, and observing the progress of childbirth.*

*The conclusion of this case was that after being cared for for 7 days, Mrs. S was in good condition, there were no complications due to anemia. Suggestions for Health Center to be able to maintain health services and are expected to have a reference in their services in the form of Standard Operating Procedures. Advice for clients to pay attention to the health of themselves and their babies, as well as the growth and development of babies. Advice for the profession to carry out services according to the duties and authority of midwives in cases of anemia.*

***Keywords : Childbirth, Anemia***

***Literature : 44 (2016-2023)***